

Knowledge Sharing Programme

From 9th May to 14th May 2022, SIMS has organized Soundarya Knowledge Sharing Program (SKSP) a knowledge-intensive development program virtually, designed to enable students to acquire tacit and explicit knowledge from scholars, field experts, and practitioners. SKSP activities are held every week throughout the semester. It provides the principles of learning, sharing and creating a foundation for students' self-development.

Knowledge Sharing Programme-09.05.2022 - 14.05.2022



8:27 pm

Go Green (Plantation Drive) : 07-06-2022

Soundarya Institute of Management and Science in association with IQAC and Peenya Industrial Association observed World Environment Day on 7th June 2022. The Students of BBA, B. Com, M.Com and the members of the student council along with some faculties participated in the event to spread awareness among all the employees in the industrial area of Peenya. Around 500 saplings were distributed and planted in each of the industries. "SAVE THE ENVIRONMENT, GO GREEN".

On 22nd April 2022 "World Earth Day" was observed by the youth of Bengaluru in association with SIMS through a Climate March for the 'Rights of the Earth'. The March was organized by Nehru Yuva Kendra Sangathan, Karnataka in association with AHIMSA and Global Kulture Organizations, National Service Scheme (NSS), and the United Nations Development Programme (UNDP) with support from the state government and the Ministry of Youth Affairs and Sports, Government of India. The March was flagged off from Vidhana Soudha by the Additional Chief Secretary of the state's Department of Youth Empowerment and Sports Dr Shalini Rajneesh (IAS) at 4 pm. Close to 500 participants proceeded onto Minsk Square and Queen's Road to reach the destination via Kasturba Road and witnessed the event.

Go Green(Plantation Drive) - 07.06.2022





SOUNDARYA INSTITUTE OF MANAGEMENT & SCIENCE

Affiliated to Bangalore University || NAAC Accredited Institution
Approved by Govt. of Karnataka Recognised Institution Under UGC 2(f) and 12(B) Act.

2/1 COY SIMS NCC Unit



Blood Donation Camp

22nd November 2022, Tuesday

Reporting Time: 10:30 AM

Guests: Doctors from Bowring Hospital

Strength

Guests: 08

- Mr Keerthan Kumar - CEO of Soundarya Institution of Management and Science
- Dr Suresh C Hegadi - Principal
- 2 Doctors
- 4 Nurse's

No of Staff: 03

- Mr Suresh Reddy - NCC caretaker
- Prof. Someshekharappa - NSS co-ordinator
- Dr Harish P M – Physical Education Director
- No of SDs: 25
- No of SWs: 21
- Total cadets: 46

Dispersal Time: 2:30 PM

Event Objectives:

The Soundarya Institute of Management and Science 2/1 COY NCC units had taken the initiative to organise a blood donation camp on campus. This event was supported by Mr Suresh Reddy, NCC caretaker To watch over the entire process and to collect the blood, a team of two doctors from **Bowring & Lady Curzon Hospital Shivaji Nagar Bangalore** were put in charge. The event started around 10:30 AM in the morning with cadets donating blood. The CEO Mr. Keerthan Kumar and the Principal, Dr Suresh C Hegadi motivated the students to donate blood. 51 units of blood were collected. Other students from the college took part as well. We had arranged Juice and biscuits for refreshments for those who donated blood in the camp. Students and other people who participated in this blood donation camp were given certificates. The event ended at 2:30 pm. The event witnessed a grand success with students motivated to give another chance to live life by donating blood.



Soundarya Institute of Management and science

1 KARNATAKA SIGNAL REGIMENT

2\1 Coy, BANGALORE GP 'A'



EVERY **2** SECONDS,
SOMEONE NEEDS **BLOOD**

DONATE
BLOOD

AND YOU CAN MAKE
A HUGE DIFFERENCE
TO SOMEONE IN NEED

LET'S DONATE BLOOD FOR LIFE!

VENUE : SIMS COLLEGE
SOUNDARYA NAGAR, BANGALORE
TIME : 10:00am



Blood Donation Camp-22.11.2022



Blood Donation Camp-22.11.2022





Soundarya Education Trust (R)
SOUNDARYA INSTITUTE OF MANAGEMENT & SCIENCE
Soundaryanagar, Sidedahalli, Hessaraghatta Main Road, Bangalore - 73.



Internal Quality Assurance Cell (IQAC)

INSTITUTION'S INNOVATION COUNCIL (IIC)

VISIT TO 'SWACHAGRUIHA KALILA KENDRA'

Number of Beneficiaries: 30 SIMS students

Date: 26th November 2022

OBJECTIVE: The main objective of the visit was to educate students and provide them with holistic understanding of Solid Waste Management (starting from its generation to processing with options for reuse, recycle and disposal), Menstrual Hygiene and importance of proper sanitation.

SIMS in association with IIC organized a visit to 'Swachagruha Kalika Kendra'(SGKK) on 26th November 2022. Students had the opportunity to explore and understand the working experiences of SGKK.

The session was divided into two parts. In the first session Dr. Shanthi Tummala, Renowned Composting expert - a recipient of the Kempegowda Award, KWAA, TEDx speaker and active member of SWMRT introduced on waste management and waste composting. In her interaction, Madam gave more insights into the various process involved in solid waste management.

The second session was Menstrual Sustainability which was handled by Dr. Meenakshi Bharath who is a Gynaecologist, Eco warrior and member of SWMRT. She spoke about Menstrual Hygiene. she explained the benefits of Menstrual cups and also explained the harmful effects of using sanitary pads on both, women as well as the environment.

The young girls actively took part in the interactive session and 8 girl students came forward to understand the use of menstrual cups. It was eye opening and very informative session.

We were glad to meet wonderful people from green community Dr. Meenakshi Bharath, Dr. Shanthi Tummala, Mr. Vasuki Iyengar, Odette Katrak and Mr. Siddu for educating our students on Waste wedding and menstrual sustainability.

Learning outcome:

- Learn basic concepts of solid waste management, beginning from source generation to waste disposal in a system of municipality organizational structure.
- Acquire knowledge on waste to energy productions in the perspectives of sustainable development.
- Apply basic concepts in hazardous waste management and integrated waste management for urban areas.
- Acquire a fair amount of knowledge on waste characterization and its management practiced in SGKK.



COORDINATORS



PRESIDENT-IIC



PRINCIPAL

Principal

**Soundarya Institute of
Management & Science**

Soundarya Nagar, Sideganahalli,
Nagasandra Post, Bengaluru-73

Swacha Gruha Kalika Kendra : 26-11-2022



Swacha Gruha Kalika Kendra - 26.11.2022



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Swacha Gruha Kalika Kendra-26.11.2022



SwachaGruha Kalika Kendra- 26.11.2022





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MISSION MEDITATION

Date: 27-02-2023

Department: B.com

Organised by: Mr. Lokesh G Angadi

Beneficiary: Menial staff

No.Of Staff: 80 Nos

OBJECTIVES OF THE PROGRAM

- To enhance the importance of meditation among the menial staff
- To familiarize the menial staff to manage the work life stress

Department of commerce in association with Brahmakumaris organized session on “Mission Meditation” for the menial staff at ocarina, SIMS . The guest for the session was **Rajayogini B.K Yashaswini from Prajapitha Brahmakumaris ishwari viswavidyalaya**, spoke about living stress free life is very important in the present context to develop a sense of relaxation among the people is one of the key aspect of “Mission Meditation”. The Session was very informative and all the menial staff felt relaxed.

The following are the outcomes of the program

- To inculcate the values and importance of Meditation
- To enhance scientific knowledge in practicing the Meditation



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Soundaryanagar, Hesaragatta Main Road, Bangalore-73

DEPARTMENT OF COMMERCE

Chief Guest:
Rajayogini BK Yashaswini
Prajapita Brahma Kumaris
Ishwariya Vishwavidhalaya
Bengaluru



CONDUCTED
MISSION
MEDITATION
on 27th February 2023
at 10:30 AM

Mr. Keerthan Kumar M
CEO, Soundarya Education Trust

Mrs. Prithvi Hegade
HOD, department of Commerce

Venue: Ocarina, SIMS Campus

Dr. Vasu B A
Director & Principal, SIMS

Mr. Lokesh G Angadi
Faculty co-ordinator,
department of Commerce

www.simsbangalore.com

GUEST PROFILE

RAJYOGINI B K YASHWINI

Brahma Kumari Suma is a Senior Raja Yoga Meditation teacher has dedicated more than 25 years of her life to the work of the Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya (Brahma Kumaris World Spiritual University) of which she is the centre incharge of PBKIVV, T. Dasarahalli, Bengaluru .She is deeply and compassionately aware of the selfish tendencies that currently afflict human relationships and affairs, and that put our world in peril. However, she is a visionary, with an unswerving optimism. She teaches modern form of the ancient art of Raja Yoga. Through this structured and disciplined method of spiritual development, she has shown thousands of people of all backgrounds and walks of life how to regain true self-respect, to become free of addictive and negative tendencies and thereby able to contribute more to present-day society as well as a future world.

Highlights

- Felicitated as a "JANASPANDANA KAYAKA RATNA" in March 2020 by Karnataka Janaspandana Trust.
- Felicitated as a "PARYAVARAN MITRA" in January 2020 by PBKIVV, Mount Abu, Rajasthan.
- Received certificate as an "ENVIRONMENTAL HERO" for participating in the World Environment day efforts by "United Nations Environment" in June 2019.
- Taken many environmental initiatives like environmental awareness camps, Tree plantations with co-operation of RTO, Bengaluru etc.
- Youth wing co-ordinator of Brahmakumaris, Bangalore zone.
- She is known for the large youth marches and rallies which she has guided in southern India.
- Felicitated as an "AADYATMIKA GURU" in T. Dasarahalli zone in 2015.
- Served as an incharge and speaker in Shantidoot Cycle yatra a youth rally of Brahmakumaris for one year in 2014 in southern India.
- Taken active participation in Swamima Karnataka youth rally in 2008 and won first place for her seva in rally.
- Taken active participation in Swamima Barath youth rally in 2006.
- Served as an incharge and speaker in Sadbhavana and Sahanubhuti rally of Brahmakumaris for one year in 2003-04.
- She is a very good orator. She has spread the benefits of meditative lifestyle through radio, TV and newspaper interviews.
- A deep thinker and insightful speaker on any spiritual subject. She exemplifies a life of purity, peace and elevated purpose.

Mission Meditation - 27.02.2023



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COORDINATOR

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HOD

Mission Meditation-27.02.2023



NATIONAL SERVICE SCHEME

Special Village Camp Report 2022-23
From : 25/11/2023 to 1/12/ 2023 (Saturday to Friday)
Hesaraghatta Village.

Inauguration Ceremony

The NSS Unit of Soundarya Institute of Management and Science organized an annual special village camp in Hesaraghatta Gram Panchayat. The camp was inaugurated on 25/11/2023 at 4 pm by the Chief Guest Dr. Ravish, NSS Coordinator, Bangalore University. He started the program by lighting the lamp and informing the volunteers about the main objectives of the camp. In this program, our Principal, Dr. B.A. Vasu, explained the importance and responsibilities of the camp. The program was graced by Village Panchayat PDO Loknath, Gram Panchayat President Srimati Latha, K. Village Panchayat members, NSS officer Somashekharppa B.K and NSS volunteers.



After the inauguration, the volunteers were divided into 5 teams.

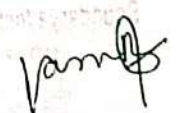
1. Kaveri 2. Sharavathi 3. Nethravathi 4. Hemavathi 5. Tunga, the
intension river's name, is to create harmony. Different responsibilities were allotted to each team depending on their abilities and interests. The first team was involved in hoisting the flag, the second team was involved in cooking food for the entire camp, the third team was involved in Shramadhan – service of society, the fourth team was the guest lecture planner, and the fifth team was managing cultural activities.


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NSS Special Village Camp Report 2022-23

From : 25/11/2023 to 1/12/ 2023 (Saturday to Friday) Hesaraghatta Village.


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NSS Camp : 2022-2023

Date: 26/11/2023

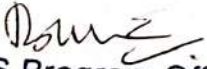
The first team organized a flag-hoisting ceremony at 6:30 in the morning. The chief guest, Gram Panchayat President Latha K, hoisted the flag. In this program, NSS song and National Anthem were sung, and the thought of the day was explained.



Then, yoga practice and meditation were organized for volunteers.




After breakfast, all the volunteers went for Shramadan and cleaned the lake path. They also participated in the Swachh Bharat Abhiyan.


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From : 25/11/2023 to 1/12/2023 (Saturday to Friday) Hesaraghatta Village


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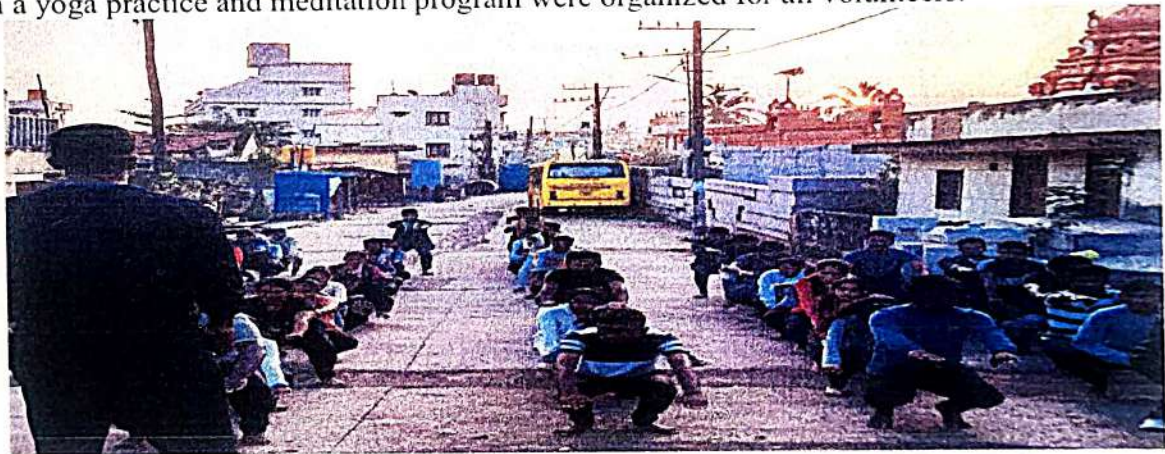
After dinner at 9:30 pm, the evaluation was conducted for all programs organized throughout the day. The responsibilities of each team were reviewed and transferred to the next team.

Date: 27/11/2023

On this day, the second team organized a flag-hoisting function at 6:30 am. The chief guest, Gram panchayath vice president Anjanadevi, hoisted the flag. In this program, the NSS song and National Anthem were sung, and the thought of the day was explained by the volunteers.



Then a yoga practice and meditation program were organized for all volunteers.



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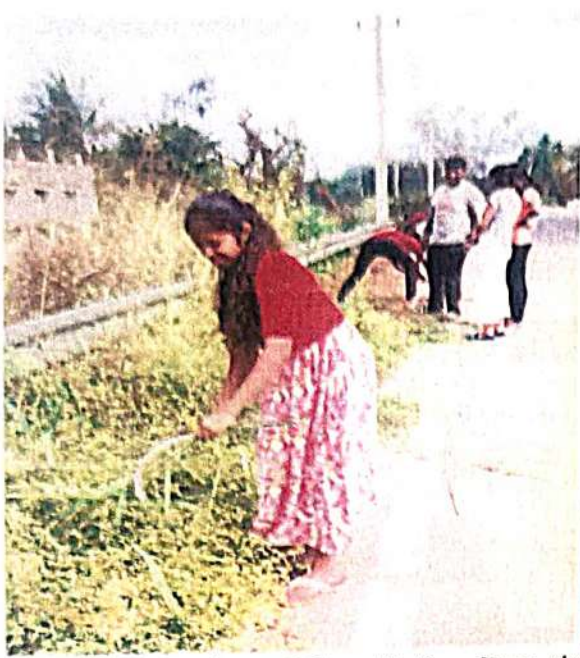
NSS Special Village Camp Report 2022-23

From : 25/11/2023 to 1/12/2023 (Saturday to Friday) Hesaraghatta Village.

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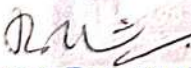
In commemoration of Constitution Day, the volunteers went door-to-door and informed the public about the provisions of the Indian Constitution. They took a pledge on the Preamble of the Indian Constitution.

After lunch, a special lecture was organized. The chief guest, Miss Purnima Jogi delivered a lecture regarding the role of youth in nation-building.

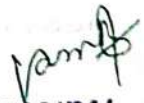
At 6:00 pm. The flag de-hoisting program was organized.

At 7:00 pm, preparations were made for the cultural program, and the program was conducted in the community hall premises. Patriotic songs and drama competitions were arranged.




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NSS Special Village Camp Report 2022-23
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After breakfast, the school premises were cleaned by our volunteers.



A special legal awareness program was organized at 11 am. The chief guest, **Honorable Justice Sandeep Salian, Member Secretary, Karnataka State Legal Service Authority**. He discussed the role of NSS volunteers and the leadership qualities of NSS students in society and explained the importance of fundamental duties in building the nation. In remembrance of Constitution Day, the "Preamble of the Indian Constitution" was taken as a pledge with all the volunteers.

In this program, Soundarya College of Law Principal Dr. B.P. Mahesh, the Grama Panchayat President, Srimati Latha. K. Gram Panchayat PDO Mr. Loknath, Gram

NSS Special Village Camp Report 2022-23

From : 25/11/2023 to 1/12/2023 (Saturday to Friday) Hesaraghatta Village.

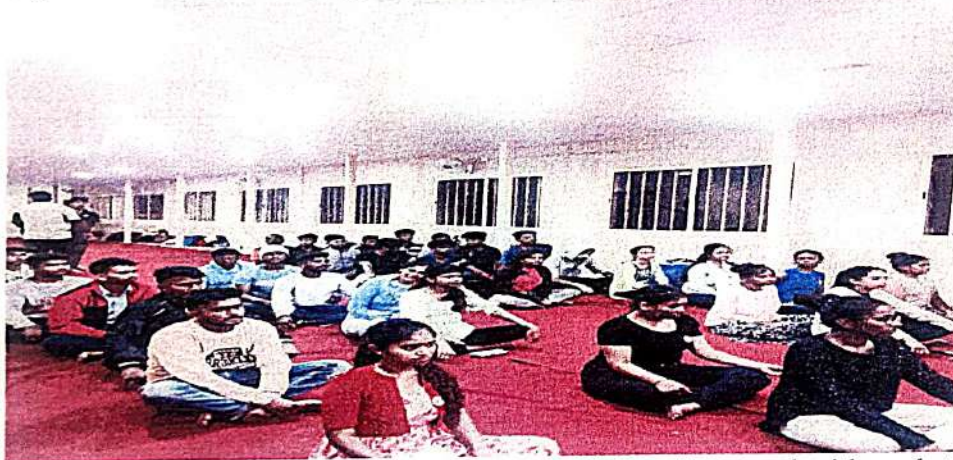
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Panchayat members, and NSS Officer Somashekharappa B.K. Volunteers and villagers participated and made the program an insightful event. At 6:00 pm. A flag de-hoisting ceremony was organized.



At 7:00 pm, preparations were made for the cultural activities, and devotional songs were organized in the community hall of the village. Drama Topic "Tobacco addiction"



After dinner, the observation of the day's work was discussed with each team leader.

Date: 28/11/23

On this day, the third team organized a flag-hoisting function at 6:30 am. The chief guest Sri Deveraj, secretary, Hesaraghatta Milk Federation, in this program, the NSS song and National Anthem were sung, and the thought of the day was explained by the volunteers.

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From : 25/11/2023 to 1/12/2023 (Saturday to Friday) Hesaraghatta Village.

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NSS Camp : 2022-2023



Later, yoga practice and meditation were taught on the temple premises. After breakfast at 9:00 sharp, the school premises was cleaned, and various fruit saplings were planted.



At 10:30 am, a special awareness program was organized on how to deal with fire accidents. The Mr. Sidahonappa, fire station officer, and his team from the Fire, Safety and Emergency Services department in Nelamangala.

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The team practically informed about safety precautions during a fire. In this event, schoolchildren, Govt first Grad college, Hesaraghatta students, and the general public participated and benefited.



After lunch, at 3pm a special guest lecture program was organized the chief guest Prof, Vaibhava, department of Management gave speech on the importance of community service. And Mr. Girisha.K, NSS Programme Officer at Soundarya College of Law, delivered a lecture on youth service. At 6 pm. A flag de-hoisting ceremony was organized.

Later, at 7:00 pm, preparations were made for the cultural activities. During the cultural program, various dramas and patriotic songs were organized. Drama Topic "Dowry Problem"

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After dinner at 9:30 pm, the observation of the day's activities was discussed by each team.

Date: 29/11/23.

On this day, the fourth team organized a flag-raising ceremony at 6:30 am. In this program, the NSS song and National Anthem were sung, and the thought of the day was explained by the volunteers.

Then physical exercise and yoga were taught.

After breakfast, volunteers cleaned the school premises.




At 10:30 a.m. A special awareness program was organized on the observance of **Traffic Rules.**




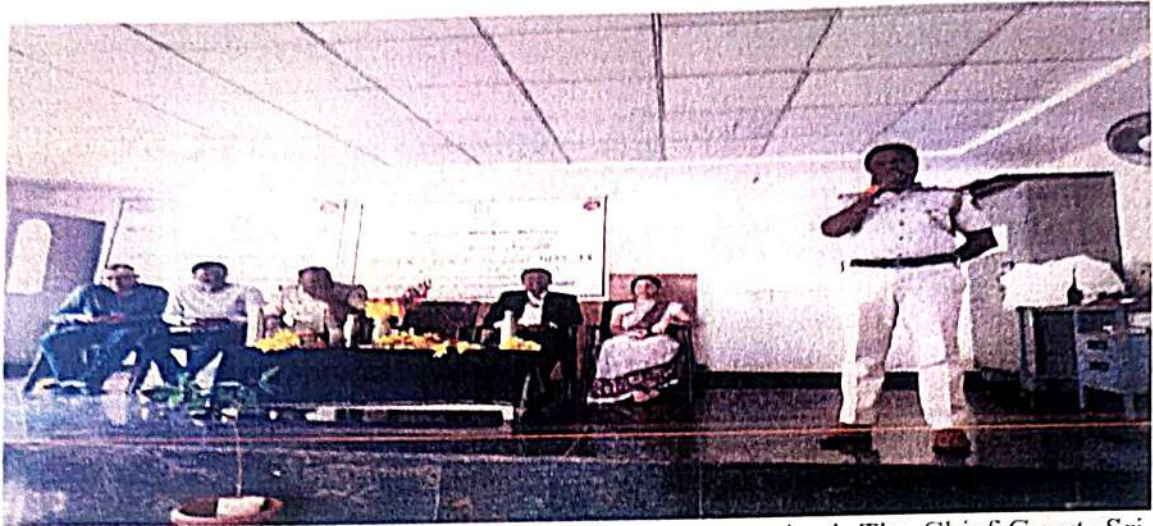
In this program, traffic police station, Jalahalli. Police officers Sri Ashwath Sir and his team have arrived and conducted an awareness campaign by giving a special lecture.

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From : 25/11/2023 to 1/12/ 2023 (Saturday to Friday) Hesaraghatta Village.


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After lunch, at 3:00 PM, a special lecture session was organized. The Chief Guest, Sri. Hariyappa Inspector, Soladevanahalli Police Station. Delivered a lecture on the topic "The Role of Students and Society in the Prevention of Crime." cyber crime , Phocso act At 6 pm. A flag de-hoisting ceremony was organized.

Later, at 7:00 pm, prepared for cultural programs and cultural programs, were organized in the community hall premises of the village, and patriotic songs were sung. Drama Topic "Negative Impact of Alcoholic Drink"

After dinner at 9:30 PM, the observation of the day's activities were discussed by each team.

Date: 30/11/23.

On this day, the 5th team organized a flag-hoisting function at 6:30 am. In this program, the NSS song and National Anthem were sung, and the thought of the day was explained by the volunteers.

Later, yoga practice and meditation were taught on the temple premises.



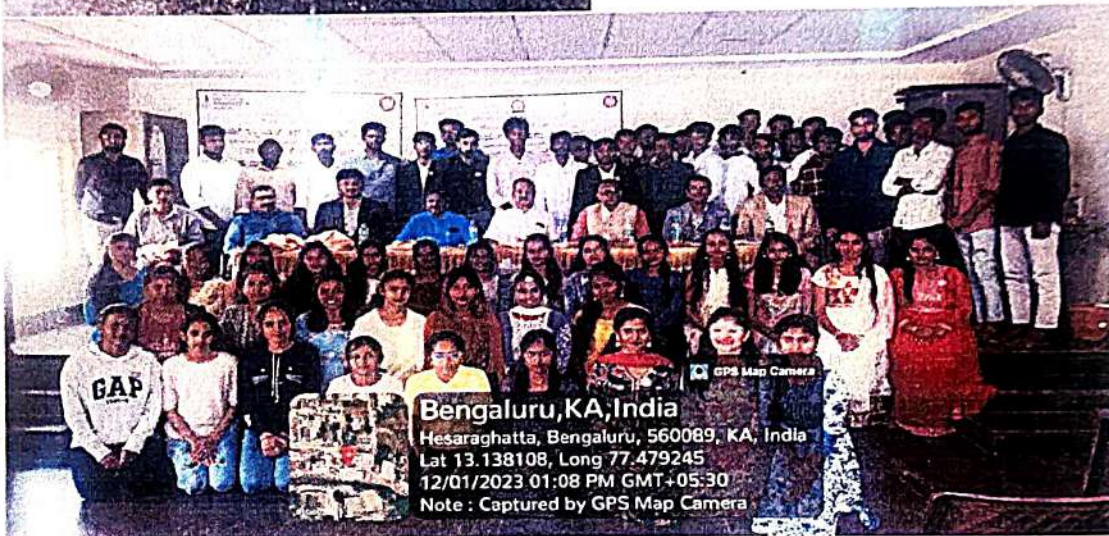
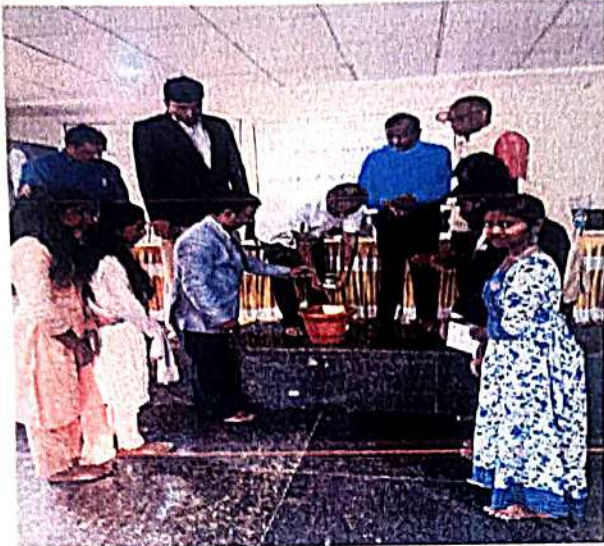
After breakfast at 9:30 AM, a **free health check-up camp** was organized for all the villagers. A team of specialist doctors from Saptagiri Medical College and Hospital. Has arrived to the camp.

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From : 25/11/2023 to 1/12/ 2023 (Saturday to Friday) Hesaraghatta Village.

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Firstly, the Chief Guest Mr. Karthikeyan, Director of NSS Regional Centre, Bangalore, explained the importance of the NSS Program Officer and NSS Volunteers.

Mr. Uppin, Y.M. Youth Officers, NSS Regional Center in Bangalore, spoke about the service attitude of NSS volunteers and National Integration camps.

Mr. Varun Kumar, Managing Trustee of Soundarya Educational Institutions, spoke about the importance of NSS camps.

Mr. Soundarya P Manjappa, the founder of Soundarya Educational Institutions, gave a speech on how the cooperation of students and their leadership qualities can bring success at the NSS camp.

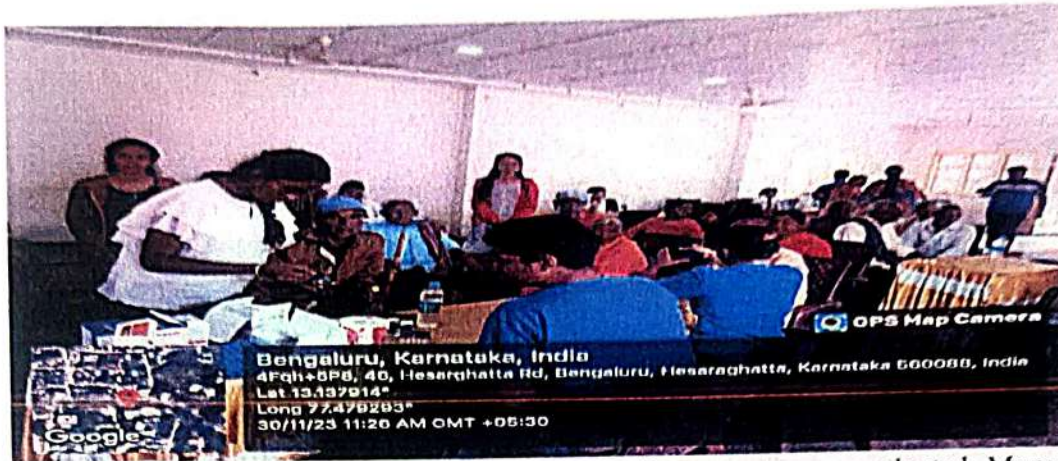
The camp report presented by NSS Programme Officer Somashekharppa B.K. And a few volunteers shared their NSS camp experiences. Gram Panchayat President Srimati Latha. K. Gram Panchayat PDO Mr. Loknath, Gram Panchayat members, volunteers, and village people participated and made the program a success.

NSS Special Village Camp Report 2022-23

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the general checkup includes an ENT, and BP, Sugar test were conducted. More than 120 village people have participated and benefited.

After lunch at 4 pm, the guests Shri Anirudha and his team from Let's Be the Change NGO, delivered a lecture on "waste segregation and zero plastic awareness program in the Hesaraghatta village."

At 6 pm. A flag de-hoisting ceremony was organized.

Later at 7 pm, a special cultural program was arranged for the village people, during the cultural activity, patriotic songs were sung. Drama topic "Drug Addiction"

After dinner, at 10:00 PM, the Shibira Jyothi program was organized. On this occasion, patriotic songs were sung, and meditation and prayer activities were organized.

Date: 1/12/2023

On this day, the entire team organized a flag-hoisting function at 6:30 am. In this program, the NSS song and National Anthem were sung, and the thought of the day was explained by the volunteers.


Later, yoga practice and meditation were taught to the volunteers.

Valedictory Ceremony at 11:30 am

The chief guests and officials arrived at the valedictory ceremony and expressed their views.


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From : 25/11/2023 to 1/12/ 2023 (Saturday to Friday) Hesaraghatta Village.


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