

SOUNDARYA EDUCATIONAL TRUST (R)
SOUNDARYA INSTITUTE OF MANAGEMENT & SCIENCE
Soundaryanagar, Sidedahalli, Hessaraghatta Main Road, Bangalore - 73.

Event Name: Government School Visit

Date: 3/9/2019 and 4/9/2019

Venue: Government School, Chikkabanavara

No. of Students Participated: 10

Annexure: Photos Enclosed

NSS students voluntarily visited Government Higher Primary School, Krishna College Road, Chikkabanavara on 3 September 2019.

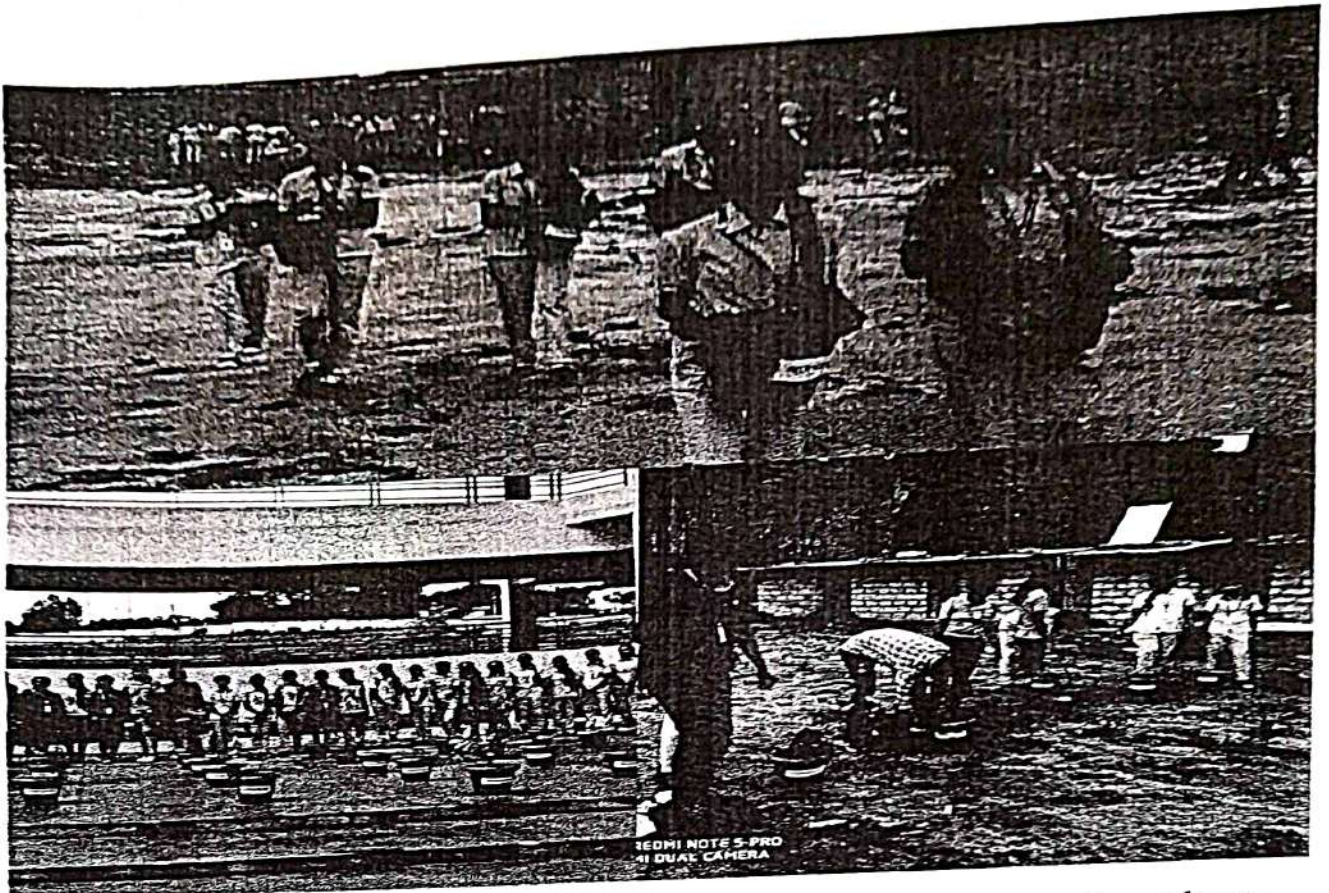
Govt. School Visit - 04-09-2019



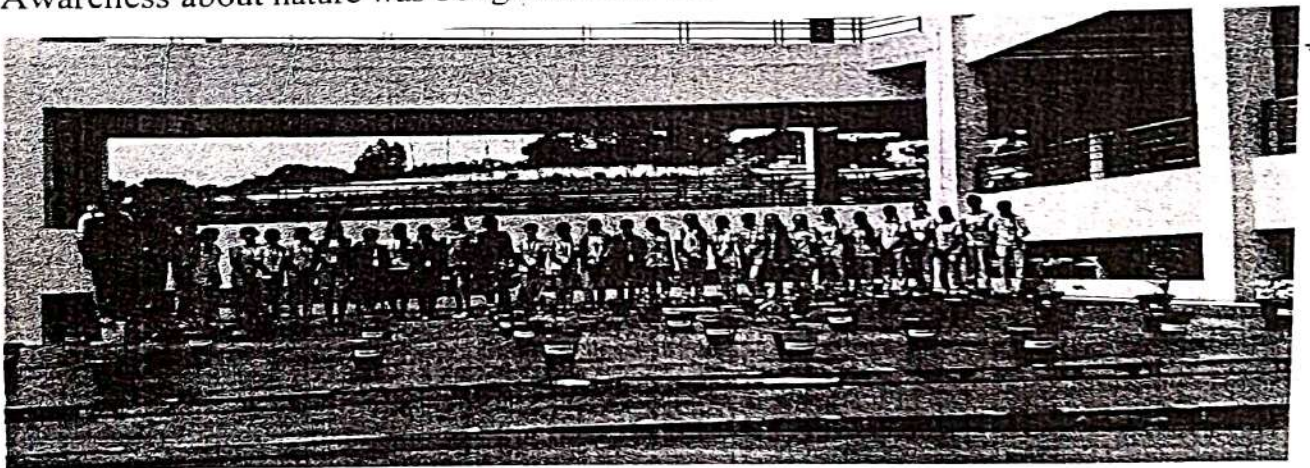
The primary school students were addressed by Disha S and Varun R about the constitution and importance of Teacher's Day and drawing competition was conducted to this students. Later the higher class students were addressed by an interactive session about the famous personality of Karnataka.

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N. S. S. Program officer
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Geetha
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Students arranged them in amphi theatre and let the water to the plants...
Awareness about nature was bought in their minds...



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REPORT OF EXTENSION ACTIVITY

Visit to Kaveri Vanitha Sevashram, Hesaraghatta, Bangalore Rural.

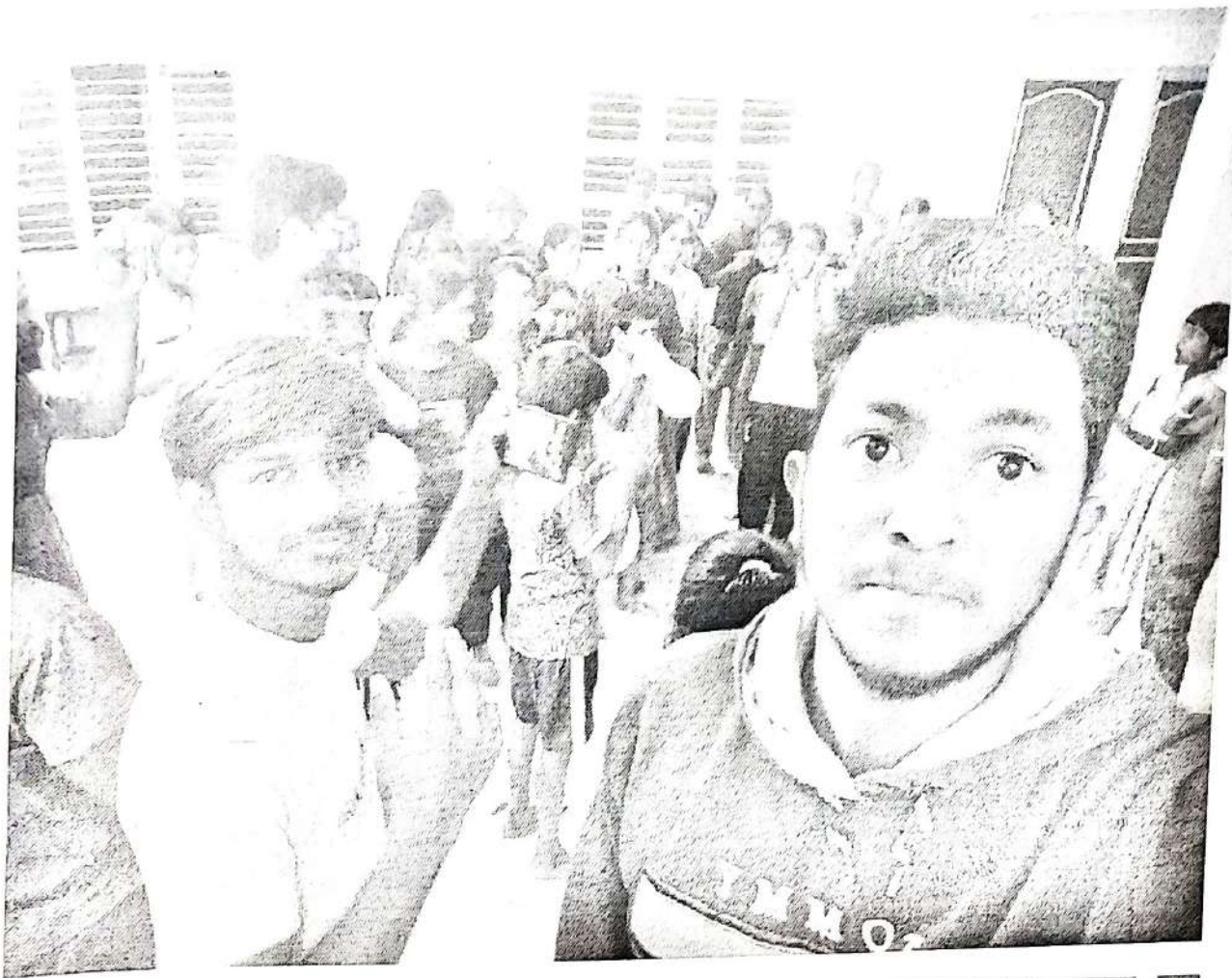
The Students of SIMS visited Kaveri Vanitha Sevashram at Hesaraghatta, Bangalore, on 15.02.2020(Saturday). Around 20 Students of B.Com 'D' Section, SIMS, involved in this activity. At first students collected donations and cloths for benefit the kids in the Sevashram from the students of 'D' Section. The amount collected rupees 3000/- given to Kaveri Vaniths Sevashrama.

Kaveri Vanitha Savashram - 15-02-2020



The Students visited the prayer hall, Children's residence and also interacted with them. The Students prepared fruit salad and served to the children. Finally they come to know the difficulties faced by people at the Orphanage centres.

On the whole students learnt values of education, importance of relationships in life and their social responsibility. The Class Teacher Mrs. Thanuja & others successfully arranged this programme.



● ○ REDMI NOTE 5 PRO
MI DUAL CAMERA

S. S. Hegde
HOD

R. J. V.
CLASS TEACHER

[Signature]
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NSS Report 2019-2020

Event Name: Medicinal saplings plantation

Date: 20/8/2019

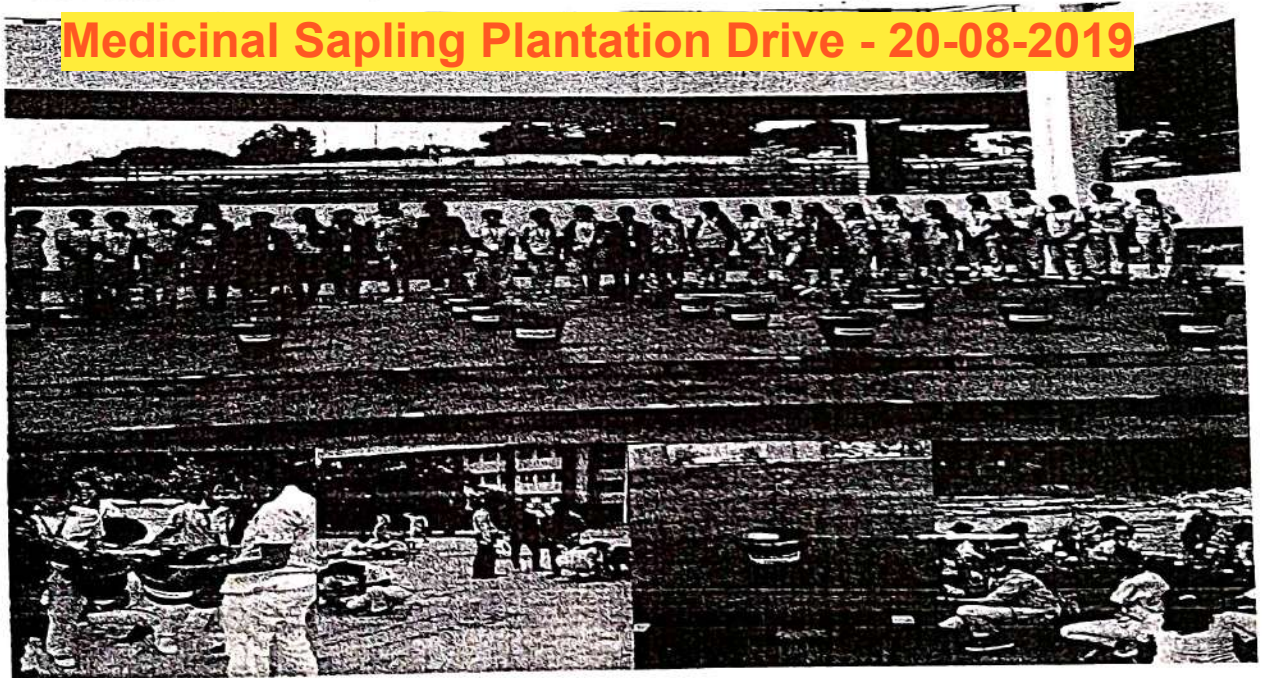
Venue: Amphi Theatre

No. of Students Participated: All

Annexure: Photos Enclosed

The Students and faculty members of SIMS were encouraged to adopt each medicinal saplings. The pots were given to students and faculties, it was filled with good quality of fertile red soil, the saplings were planted in the pot and enriched with water.

Medicinal Sapling Plantation Drive - 20-08-2019



Each student and staff members were asked to adopt one plant, the fund was raised. The students and faculty and student name were displayed on the pot.

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Later, the HOD of English Department spoke about Shastry and his thought process and also his life incidence that happened. He also included that shastry believed in Tuesdays, right from his birth to death and his achievement was happened on Tuesday.


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Event Name: Cauvery Calling Walkathon

Date: 4/10/2019

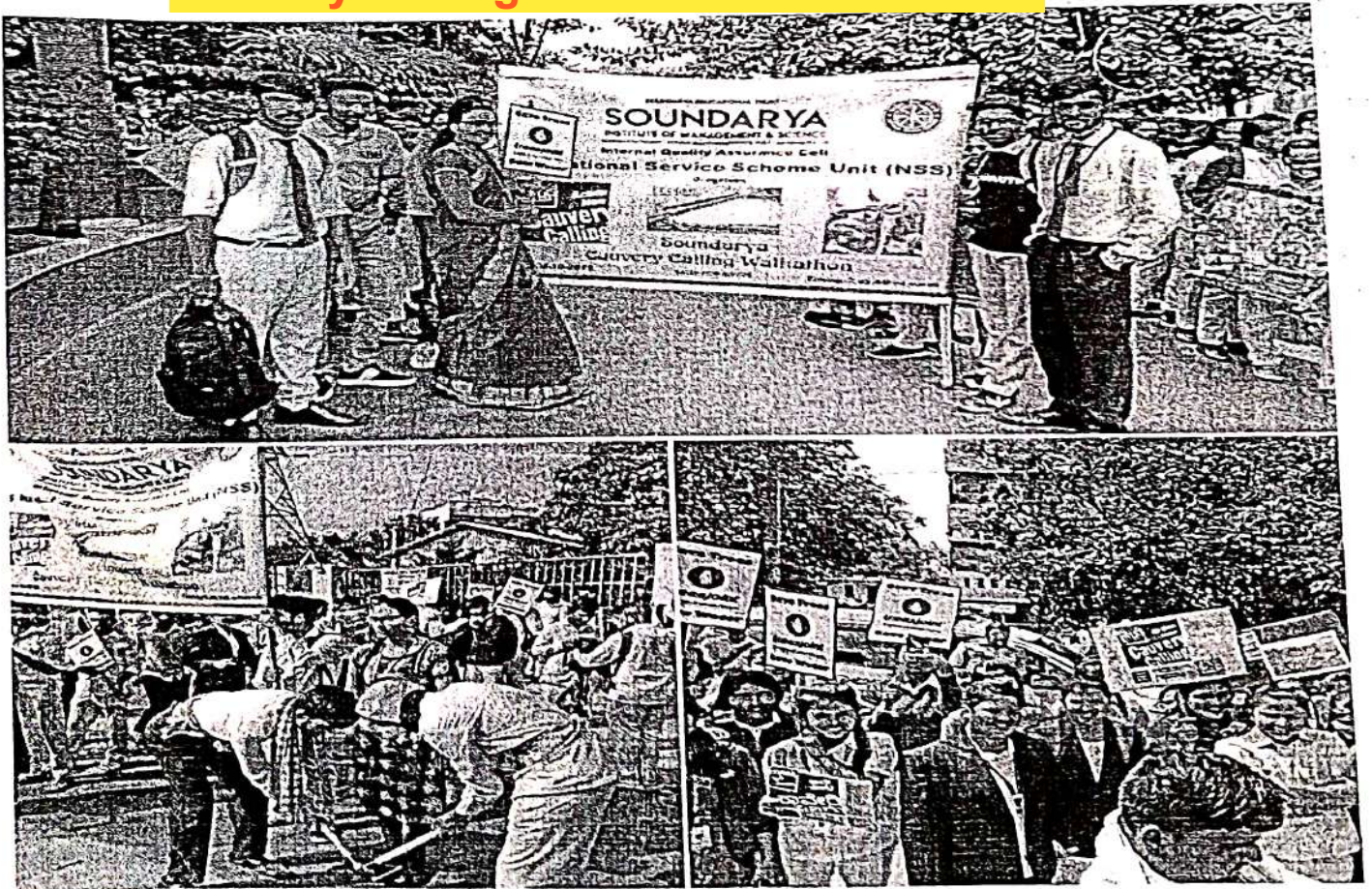
Venue: From SPUC to SIMS

No. of Students Participated: All

Annexure: Photos Enclosed

The walkathon started from Soundarya PU Campus at 8:00 am. Students actively participated in good number. They walked from Soundarya PU chanting for Cauvery calling in order to bring awareness in public. The walkathon went by Bagalgunte Main Road exhibiting a small skit about awareness of water saving and planting trees.

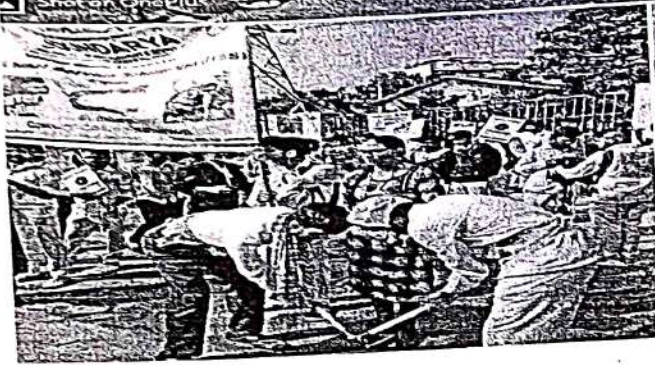
Cauvery Calling Walkathon - 04-10-2019



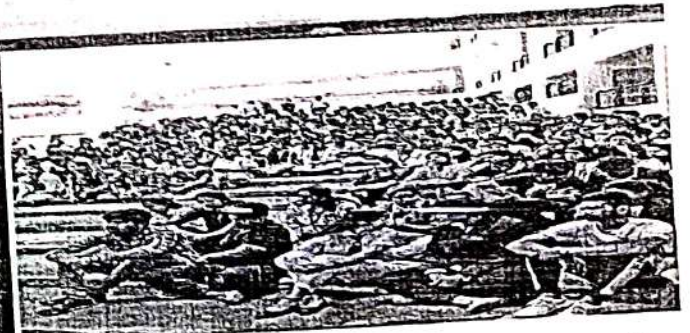
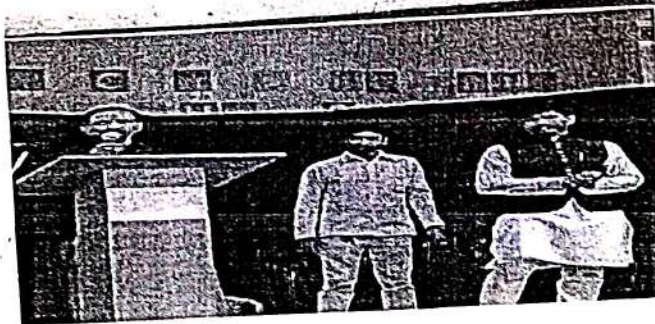
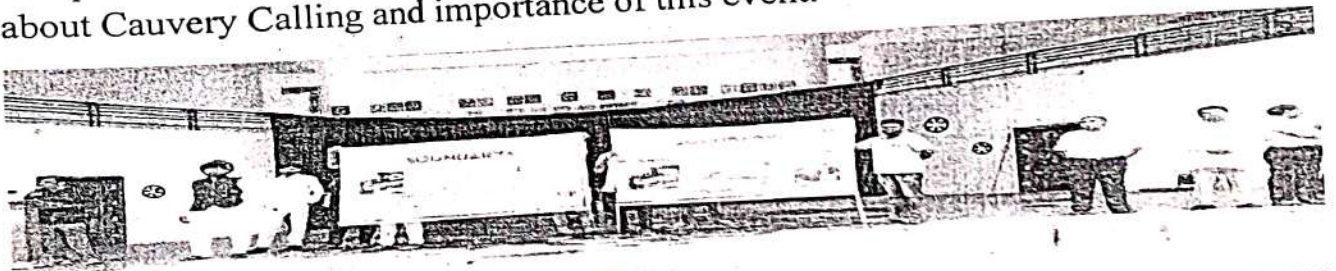
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The fund was raised from public by collecting Rs.42 , all the students and faculty members of SIMS also contributed for this cause.



A representative from Isha foundations and Principal addressed students and spoke about Cauvery Calling and importance of this event.



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Event Name: Personality Development for Kaveri Vanita Sevashrama

Date: 11/10/2019

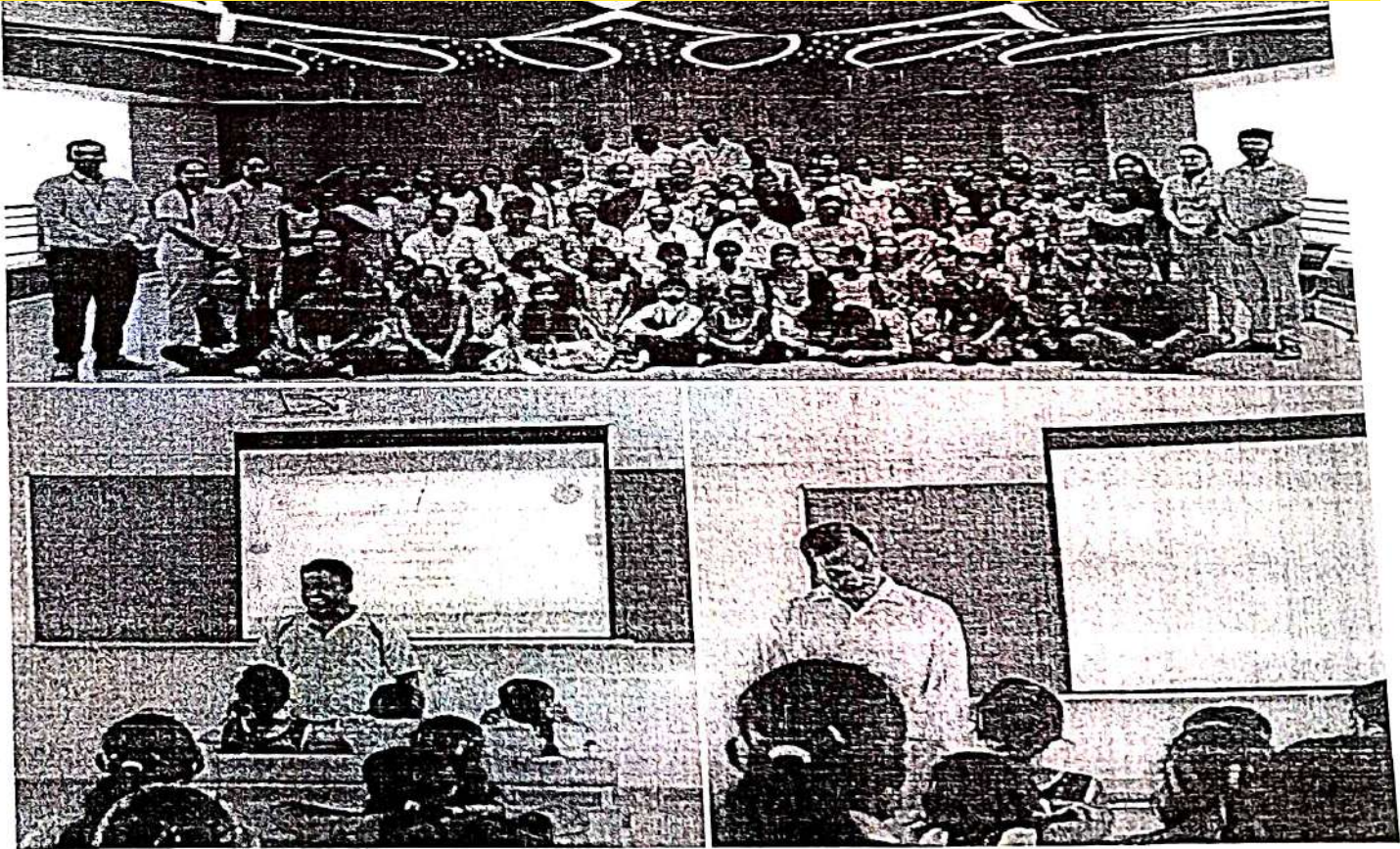
Venue: SIMS

No. of Students Participated: 45

Annexure: Photos Enclosed

NSS unit had organized one day personality development program to Kaveri Vanita Sevasharam. Nearly, 45 students participated in the event. The students were addressed by Principal Dr. Suresh C. Hegadi about Career Development followed by Spoken English class by Prof. Shivakumar Ganachari.

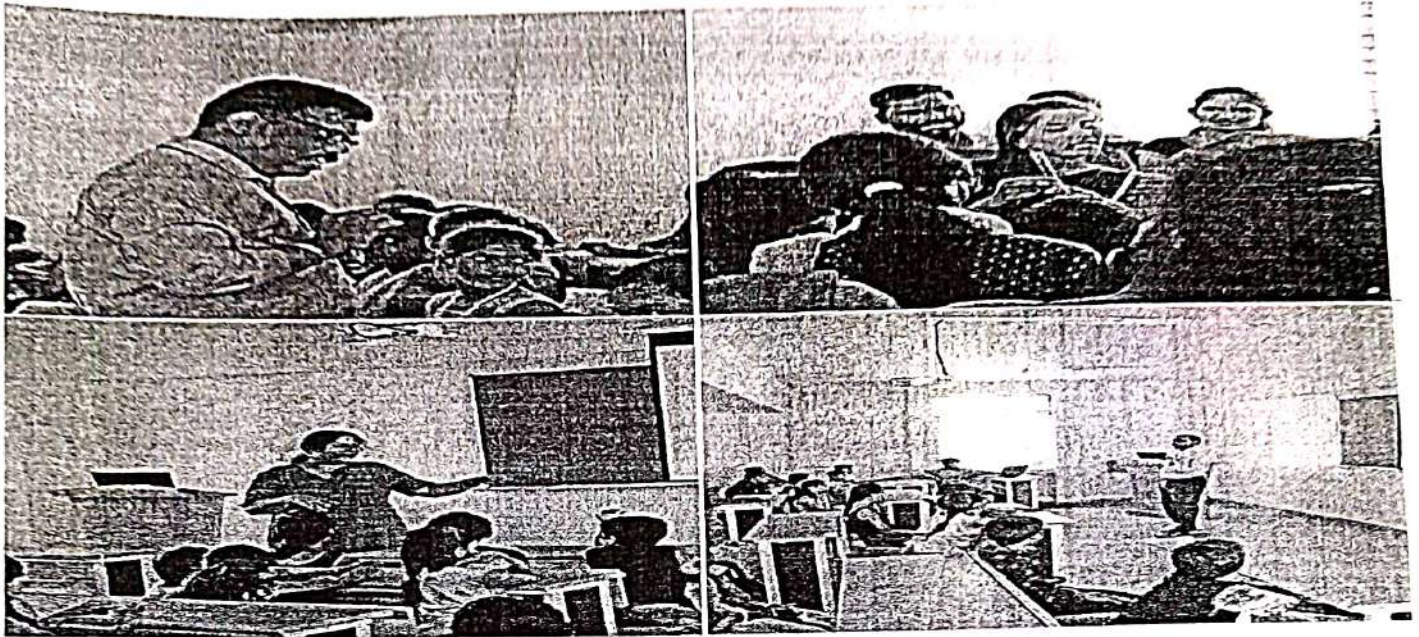
Personality Development (Kaveri Vanita Sevashrama)-11-10-2019



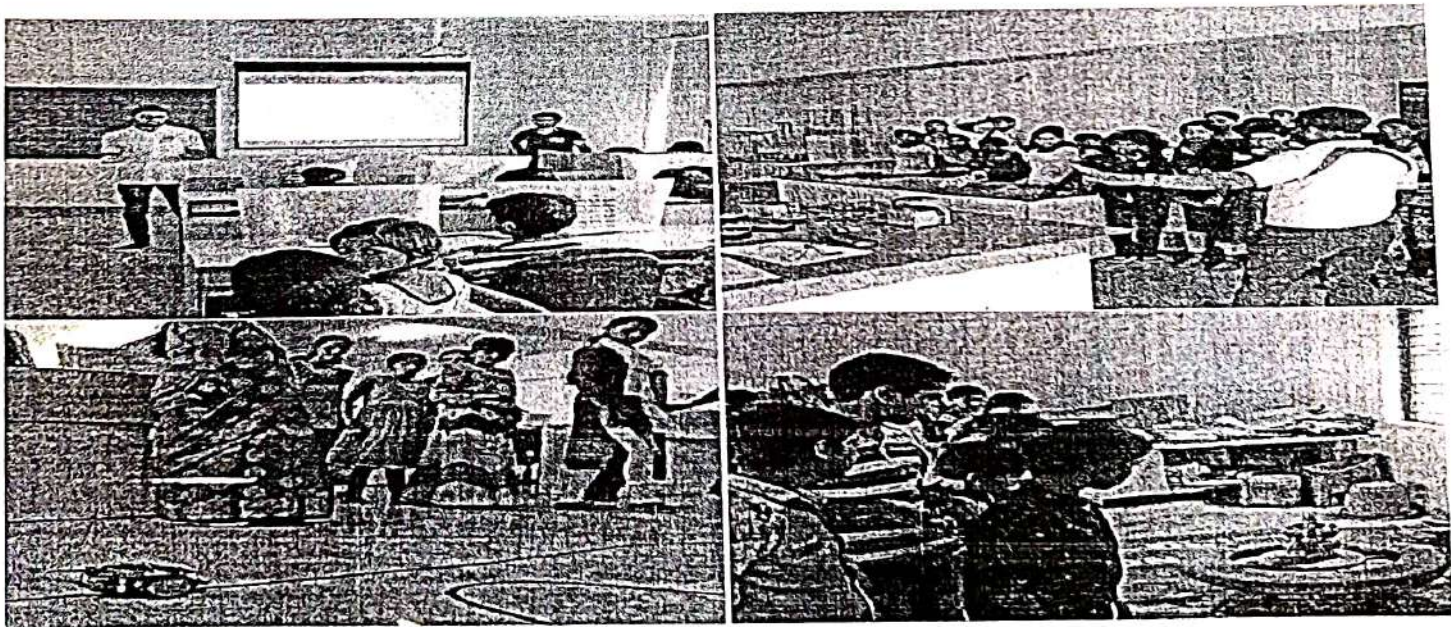
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Dr. Suresh C. Hegadi
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Prof. Girish spoke about Leadership and Patriotism, Banking classes were conducted by Prof. Lokesh. The students were taken to chemistry lab, prof. Sushma A.V. demonstrated about the chemical and periodic table.



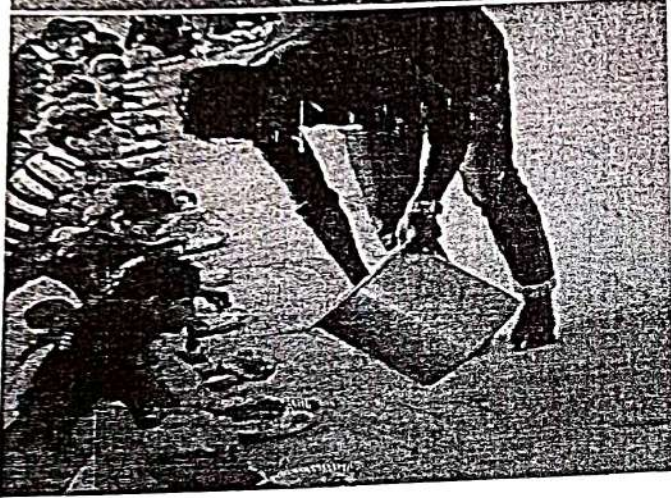
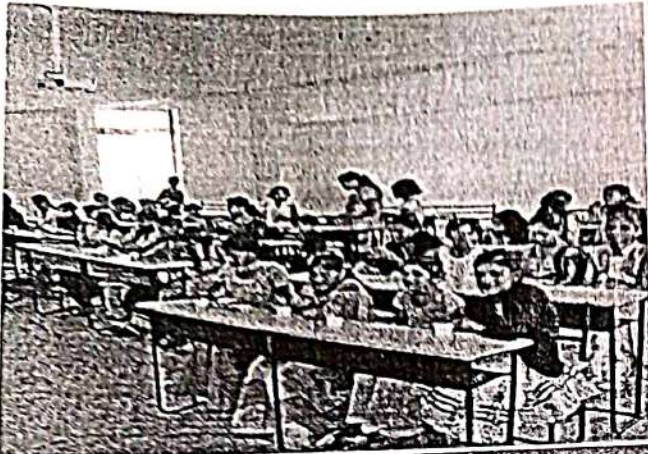
Prof. Vijayalakshmi and Students of BCA demonstrated the robotic model which was developed by the BCA students. Lunch was arranged from the college to the students of ashrama.



A donation of 11,000, 25 kilos of rice, tooth paste and brush was contributed from the college, principal handed over to the coordinator of ashrama.

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Event Name: Beat Arthritis – People tree 5k walk

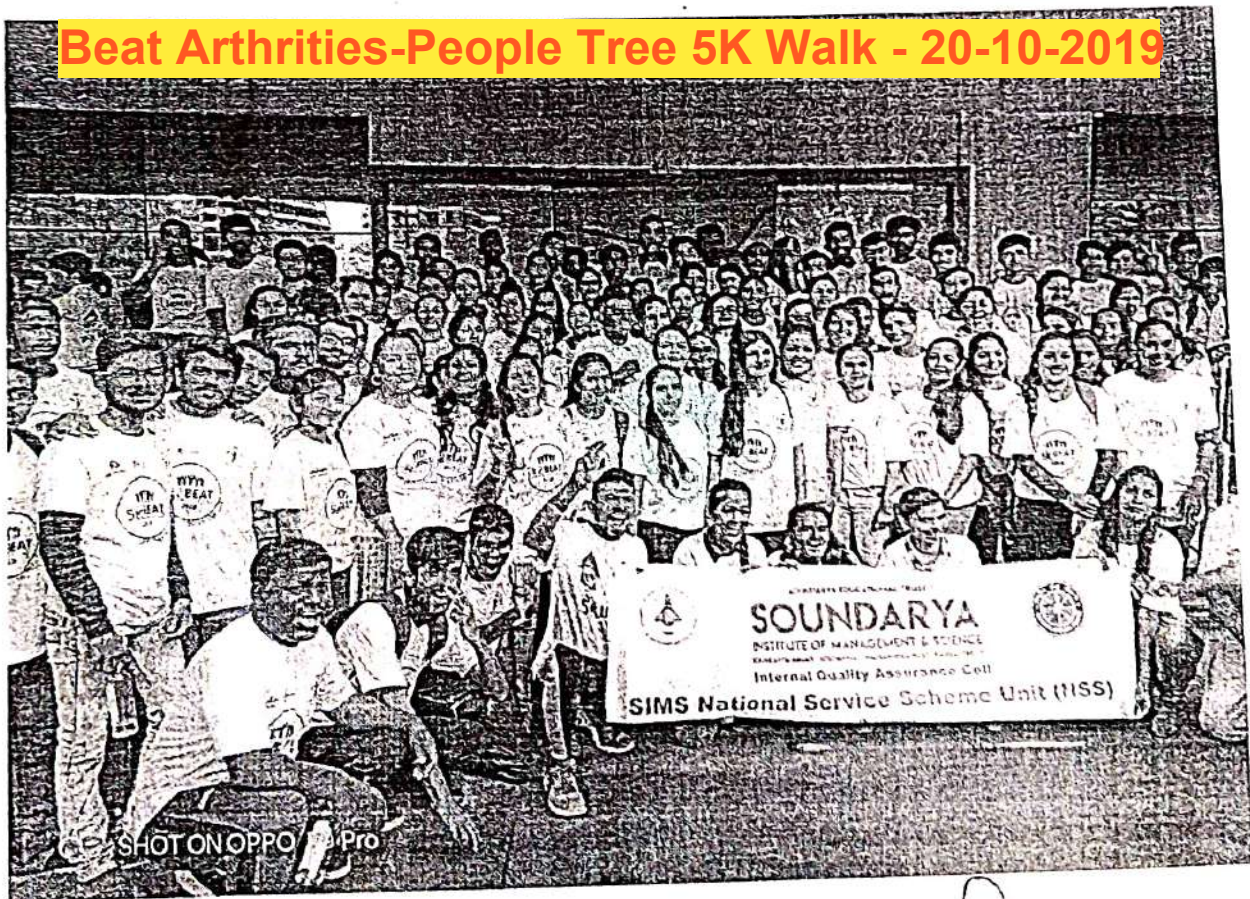
Date: 20/10/2019

Venue: Malleswaram

No. of Students Participated: 193

Annexure: Photos Enclosed

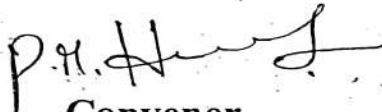
People Tree hospital had organized 5K walk – “BEAT ARTHRITIS” in association with Soundarya Institute of Management and Science. The Walkathon was conducted in association with WORLD ARTHRITIS DAY – 2019.




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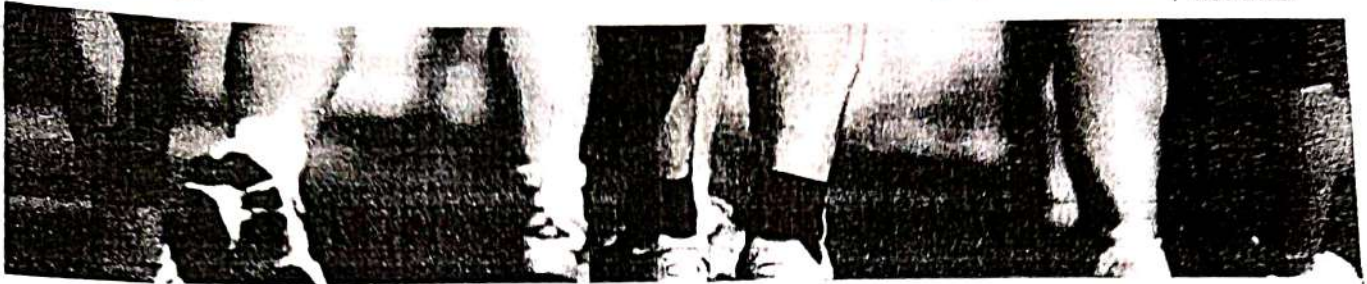
The intention of 5K walk is to create awareness about arthritis prevention and rehabilitation among patients, medical community and public and to provide a message about the amount burden of the arthritis and preventing strategies. The walkathon started from Government Model Primary School, Malleswaram at 6 am till People Tree Hospital. Nearly 193 students from SIMS had actively participated in the walkathon to create awareness among the public.


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BEAT ARTHRITIS

PEOPLE TREE 5K WALK

SUNDAY, 20/10/2019 - Time: 6AM - 9AM

Dear Sir/ Madam,

Happy Dasara & Warm Greetings from **PEOPLE TREE Foundation & PEOPLE TREE Hospitals!**

We are pleased to invite you and your Organization for the **PEOPLE TREE 5K BEAT ARTHRITIS, Walkathon** being conducted on the occasion of **WORLD ARTHRITIS DAY - 2019**

One of the survey has found that presently arthritis has crippled approximately 180 million people in India to get up and walk. Intention of **PEOPLE TREE 5K BEAT ARTHRITIS** is to create awareness about Arthritis Prevention & Rehabilitation among Patients, Medical Community and Public at Large.

We request you and all the members of your organization to participate in this awareness program so that we can raise voice and to walk with us to make big impact to arthritis.

LET'S UNITE AGAINST ARTHRITIS AND WALK FOR A ARTHRITIS FREE BHARAT.

Thank you in anticipation.

For Registration & Details

<https://forms.gle/qwBZlgGLFsTMEBBD9>

✉ rahul@peopletreehospitals.com

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BEAT ARTHRITIS

PEOPLE TREE 5K WALK

SUNDAY, 20/10/2019 - Time: 6AM - 9AM

Arthritis steals movement, muscle strength, endurance capacity and many a times the things you love to do like walking, jogging and even sitting and standing.

Joint pains, stiffness, poor muscles strength and decreased range of motion, which are the other common symptoms of arthritis.

Arthritis has crippled more than 180 million people in India to stand & walk, that is approximately 20% of the population.

It is important to note that patients below 50 years of age belonging to the working population, can also suffer from this. Therefore, the condition has severe socio-economic implications.

Movement is Life!, Physical Activity is one of the best ways to improve joint mobility, other symptoms and allow independence in functional activity of daily living including walking.

The trick is doing the right exercises, in the right way, at the right time.

PEOPLE TREE Foundation & PEOPLE TREE Hospitals! is organizing a walkathon **PEOPLE TREE - BEAT ARTHRITIS, 5K Walkathon on 20th Oct 2019.**

The Objectives of **PEOPLE TREE 5K - BEAT ARTHRITIS** Walk are:

- To create awareness about Arthritis Prevention & Rehabilitation among Patients, Medical Community and Public at Large.
- To Provide a message about the amount burden of the Arthritis in India and preventive Strategies.

LET'S UNITE AGAINST ARTHRITIS AND WALK FOR AN ARTHRITIS FREE BHARAT.

PEOPLE TREE Hospitals, 2, Tumkur Road, Goraguntepalya, Yeshwanthpur, Bengaluru 22
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Touch • Move • Inspire

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Event Name: Blood Donation Camp

Date: 24/10/2019

Venue: SIMS

No. of Students Participated:

Annexure: Photos Enclosed

Lions Blood Bank of Lions Club International District 317A had organized a blood donation camp in association with Soundarya Institute of Management and Science in the SIMS campus.

Blood Donation Camp - 24-10-2019

Nearly 195 blood donors (students) of SIMS had actively participated in the blood donation. In addition, the NSS had arranged a free health checkup for the staff and students which includes ECG and Sugar level. The checkup was done by Dr. Sunil and Dr. Vijay. The blood donation camp went on from 9 am to 2 pm.



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Event Name: Polio Drop Camp

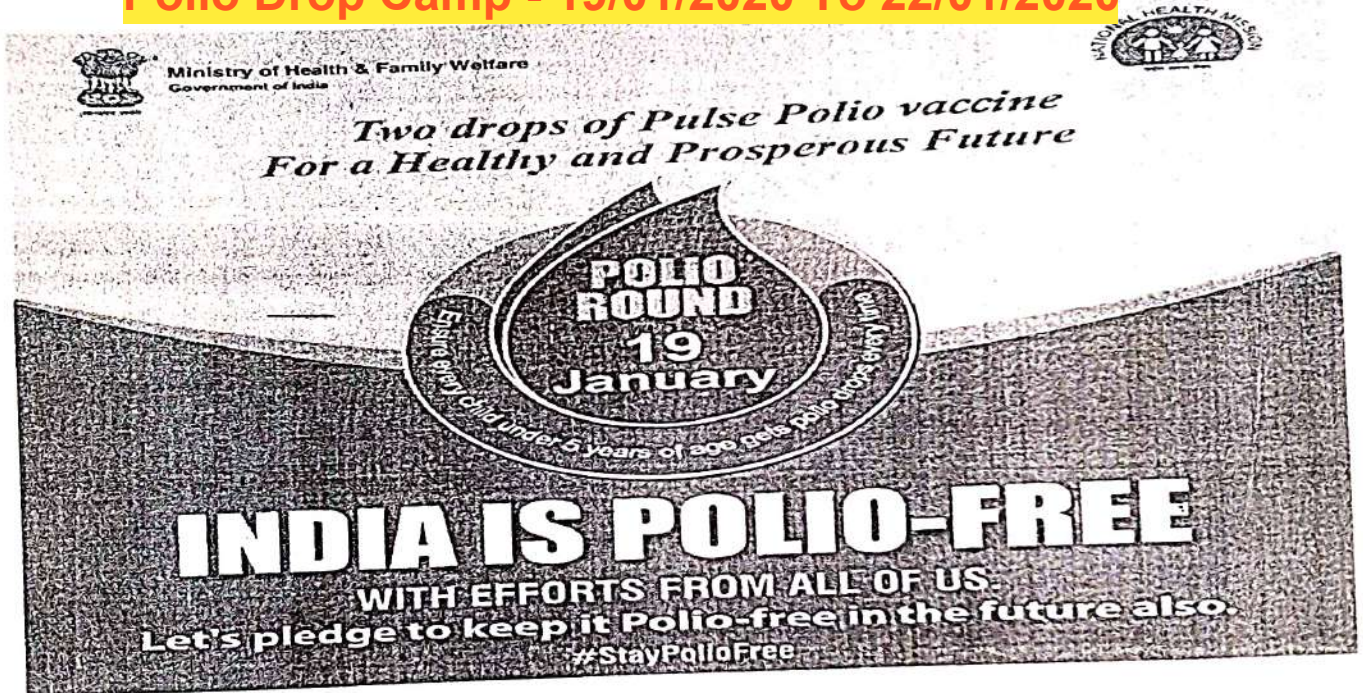
Date: 19th Jan to 22nd Jan 2020

Venue: Government Hospital, NelaMaheshwari

No. of Students Participated: 85

Annexure: Photos Enclosed

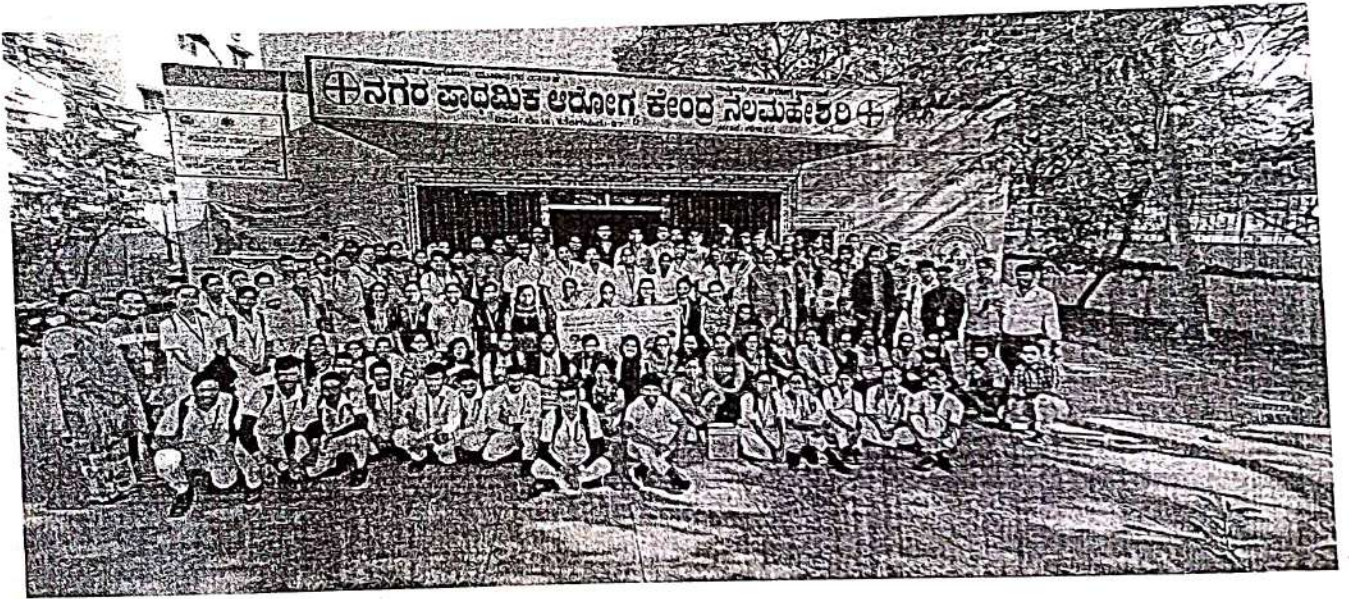
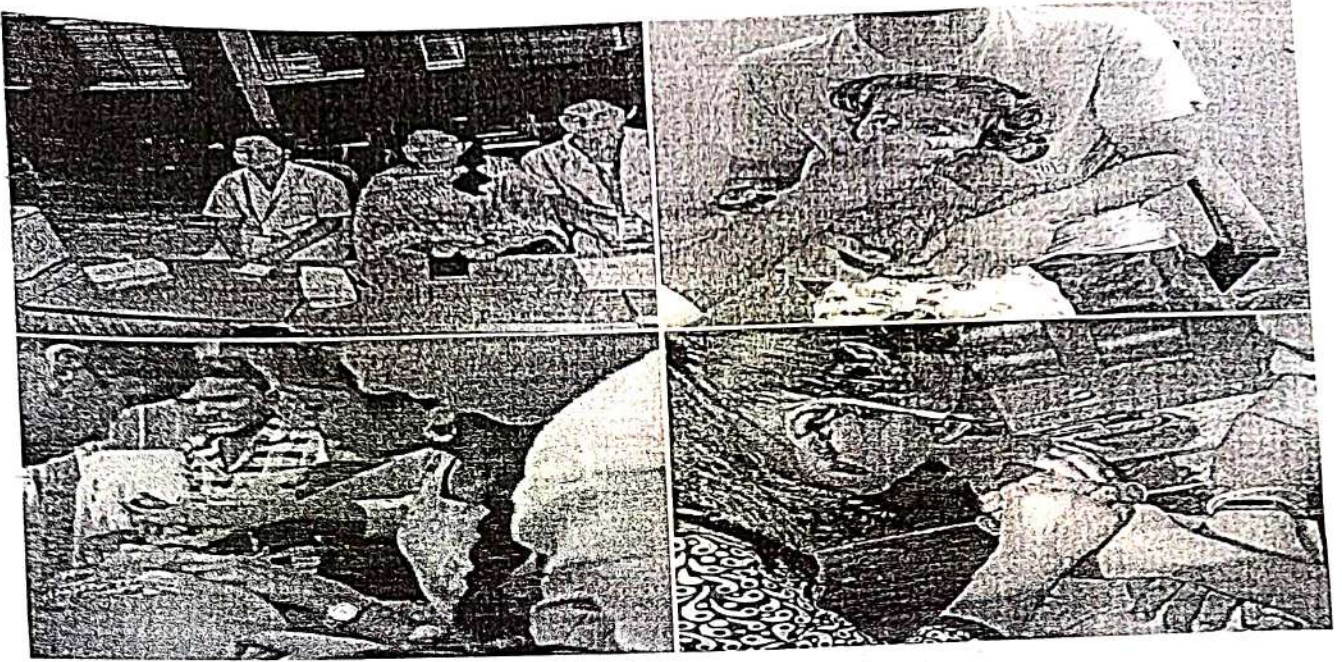
Polio Drop Camp - 19/01/2020 To 22/01/2020



Days	No. of Children — Vaccinated	No of Vails used
1	9390	542
2	523	24
3	1333	72
4	945	52
Total	12191	690

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