

# 1 Second Laziness

This Book is for all the potential people who have talent, skill, ideas but are still struggling to achieve what they want because of one small thing which is dragging them from success.

This book is a step wise guide to become active throughout the day with simple morning routines and live your life full size.

Steps in this book followed for just 1 - 2 weeks will have a life enhancing impact on you. It is a simple book which is highly recommended to everyone who wishes to be very active and dynamic throughout the day and achieve success and happiness

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**UNLEASH YOUR FULL POTENTIAL**



**KOUSHIK D R**



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