

# Soundarya Education Trust(R) SOUNDARYA INSTITUTE OF MANAGEMENT AND SCIENCE

Soundaryanagar, Sidedahalli, Hessaraghatta Main Road, Bangalore- 73 Internal Quality Assurance Cell(IQAC)

Name of the MoU	Name of the institution /	MoU start	MoU End date
/ linkage	industry with whom the	date	
	MoU / linkage is made,		
	with contact details		
Proposal to provide college	All India Management	31-04-2024	31-03-2026
students with life skills training	Association, New Delhi		
through a blended learning			
approach,			

### **Activities organised/Attended**

SI. No	Date	Event Name	Event Coordinator
1	26th September 2024	Stakeholder Management, Business Ethics and the Challenges	Ramya Seshadri
2	27 <sup>th</sup> September 2024	Students, Economists	Ramya Seshadri





# **Report on Event**

About	
Title of the talk	Harmonising Minds Business Psychology and Spirituality
Resource Person(s)	Anshul Bafna
Date	27 <sup>th</sup> September 2024
Student Attended	MBA – 20
Faculty coordinator(s)	Ramya Seshadri

# Objective(s) & Outcome(s)

	1	Explore how psychological principles and spiritual practices can enhance decision-making and leadership in business.
Objective(s)	2	Provide tools and insights to help professionals manage stress and improve emotional resilience.
	3	Promote the use of spirituality to foster a more compassionate and supportive work environment.

	1	Participants learned how to apply psychological and spiritual techniques to make more mindful and balanced business decisions.
Outcome(s)	2	Attendees gained practical strategies for managing stress and maintaining mental well-being in a fast-paced work environment.
	3	Many participants reported a better understanding of how to create a more empathetic and inclusive company culture using spiritual principles.

Principal
PRINCIPAL
Soundarya Institute of Management & Science
Soundarya Nagar, Sidedahalli,
Nagasandra Post, Bangalore-73,

### **Student Impression**

Student USN	P03KU23M015036
Student Name	Tejaswini
Program	MBA
Class	2 <sup>nd</sup> Semester
	M-1

My learning

The AIMA event on "Harmonising Minds: Business, Psychology, and Spirituality" was really eye-opening for me. The motivational speaker and life coach talked about how important it is to combine psychology and spirituality in business, which made me rethink how I approach leadership. I left the session feeling more aware of the need to focus not just on success, but also on personal growth and well-being.

Signature with date: 27<sup>th</sup> September 2024

Student USN	P03KU23M015054
Student Name	Pratap
Program	MBA
Class	2 <sup>nd</sup> Semester
	My learning

I attended the AIMA event on "Harmonising Minds: Business, Psychology, and Spirituality," and it was very interesting. The speaker explained how mixing business with psychology and spirituality can help in making better decisions. I learned that success is not only about work but also about being mindful and balanced.

**Signature with date:** 27<sup>th</sup> September 2024

### **Brochure Photos**



ONLINE SESSION

# HARMONIZING MINDS BUSINESS PSYCHOLOGY AND SPIRITUALITY

FRIDAY, 27TH SEPT 2024 | 4.30 TO 5.30 PM



Speaker

ANSHUL BAFNA
Business Psychologist
and Spiritual Coach



Moderator

#### BINDU SUBRAMANIAM

Immediate Past Chairperson, AIMA YLC and Co-founder & CEO – SaPa

REGISTER: rmalik@aima.in







# **Report on Event**

About	
Title of the talk	Stakeholder Management, Business Ethics and the Challenges
Resource Person(s)	Prof. R. Edward Freeman
Date	26th September 2024
Student Attended	MBA – 20
Faculty coordinator(s)	Ramya Seshadri

# Objective(s) & Outcome(s)

	1	To educate MBA students on effective stakeholder management and its role in achieving business goals.
Objective(s)	2	To provide a deeper understanding of business ethics and how it influences decision-making in complex situations.
	3	To address the common challenges leaders face in balancing stakeholder interests with ethical responsibilities.

	1	Students gained practical insights into managing diverse stakeholders while maintaining ethical business practices.
Outcome(s)	2	Attendees developed a clearer perspective on how to handle ethical dilemmas in leadership roles.
	3	Students are now better equipped to make decisions that balance profitability, ethics, and stakeholder expectations in their future careers.

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## **Student Impression**

Student USN	P03KU23M015010
Student Name	Yashaswini
Program	MBA
Class	2 <sup>nd</sup> Semester

### My learning

The talk on Business Ethics and Challenges made me realize how tricky it can be to handle tough situations in business. I now see that leaders need to have strong values to make the right decisions in complicated situations. This session showed me that being ethical is not just the right thing to do but also important for long-term business growth.

Signature with date: 27<sup>th</sup> September 2024

Student USN	P03KU23M015031
Student Name	Muniraju
Program	MBA
Class	2 <sup>nd</sup> Semester
	My learning

The Leaderspeak session on Stakeholder Management by AIMA was very insightful. I learned how important it is to consider the needs of different stakeholders, like investors and employees, to ensure business success. The speaker also stressed that making ethical choices helps build trust over time.

Signature with date: 27<sup>th</sup> September 2024

## Brochure

