

## Sports & Games

The Physical Education department at SIMS, under the leadership of Dr. P M Harish, is fully committed to providing students with abundant opportunities to explore and showcase their physical abilities across a diverse range of indoor and outdoor sports and games.

SIMS College students have consistently represented Bangalore University with distinction, securing top positions and earning recognition in numerous state, national, international, and university-level competitions.

### ***VISION***

**“Create awareness among youth on the value of physical activity and sports”**

### ***Mission***

**“To development of athletics through practice, training and competition”**

### **The college boasts excellent sports and games facilities, including;**

- Cricket ground.
- Volleyball Courts
- Badminton Courts
- Throw-ball Court
- Football ground
- Kabbadi
- Kho-Kho
- Coaching in athletics
- Additionally, students have access to a well-equipped gym and indoor games facilities, such as chess, table tennis, and carom.

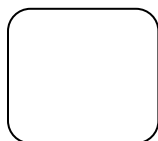
The department works in collaboration with expert coaches who provide rigorous training to students in various sports events like cricket, football, cycling, and more. Special fitness camps are organized for students aspiring for government jobs that require physical fitness. The department also guides students to pursue higher studies in physical education.

Impressively, a significant number of SIMS students have not only participated but also triumphed in intercollegiate, university, state, national, and international competitions. Several students have been selected to represent various games at prestigious national and international forums.

Overall, the Physical Education department at SIMS, led by Dr. P M Harish, prioritizes the holistic development of students and provides them with a conducive environment to excel in sports and games. Through comprehensive facilities, expert coaching, and a strong track record of achievements, the department nurtures sporting talent and encourages students to reach their full athletic potential.

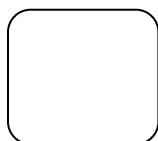
## FACULTY PROFILE

Dr Harish P M



Link

Mr Suresh Reddy M S



Link

## Tournament Opportunity for the students

From Bangalore University	From SIMS
B. U. Inter Collegiate (North Zone/South Zone) Inter University (North Zone/South Zone)	Inter Class Inter Department Annual Sports Day National Sports Day SPL Friendly matches
State Level Dasara Level National Level International Level Association Level	Open Tournament

## Sports competition organized for the year 2019-2020

Sl. No.	Events	Venue	No Of Players
1	Bangalore University Crouse Country Men And Women Tournament	Sims College	Men -92 Women -44
2	Bangalore	Sims College	Men – 232

	University Badminton Men And Women Tournament		Women - 114
3	Soundarya Premier League Cricket	Sims	Teams 8
4	Bangalore University Taekwondo Men And Women Tournament	Sims College	Men – 54 Women - 28

### Sports competition organized for the year 2019-2020

Sl. No.	Events	Venue	No Of Players	Date
01	Best physic	Sims college	35	
02	Bangalore University Crouse Country Men And Women Tournament	Sims College	Men -92 Women -44	

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### Sports competition organized for the year 2018-19

Sl. No.	Events	Venue	No Of Players	Date
1	2k Marathon For Sims Students (Ultra marathon 2k18)	Sims College	Men -66 Women -45	28 <sup>th</sup> Aug. 2018
2	Bangalore University Chess Men And Women Tournament	Sims College	Men – 232 Women - 114	27 <sup>th</sup> To 29 <sup>th</sup> Sept. 2018
3	Soundarya Premier League Cricket	Sims	Teams 8	29 <sup>th</sup> Aug. 2018

### Sports competition organized for the year 2017-18

Sl. No.	Events	Venue	No Of Teams	Date
	Bangalore University Volley Ball Women's Tournament	Sims College	17	11-09-2017

	Soundarya Premier League Cricket	Sims	Teams 8	29 <sup>th</sup> Aug. 2017
	Bangalore University Volley Ball men north zone Tournament	Sims	51	15 and 16 march 2018

### **Sports competition organized for the year 2016-17**

Sl. No.	Events	Venue	No Of Teams	Date
	Bangalore University Volley Ball Men North Zone Tournament	Sims College	46	13 & 14 Feb 2017
	Bangalore University Volley Ball Men Inter Zone Tournament	Sims College	4	17 Feb 2017
	Soundarya Premier League Cricket	Sims	Teams 8	29 <sup>th</sup> Aug. 2016

### **Sports competition organized for the year 2015-16**

Sl. No.	Events	Venue	No Of Teams/ Participants	Date
1	Bangalore University Kabaddi North Zone Men's Tournament	Sims	51	28 & 29 Sept. 2015
2	Bangalore University Kabaddi North Zone Men's Tournament	Sims	4	30 Sept 2015
3	National Conference On Inter Disciplinary Approach In Physical Education And Sports	Sims	175 No Of Papers 59	27 & 28 Feb. 2015

### **Sports competition organized for the year 2014-15**

Sl. No.	Events	Venue	No Of Teams	Date
1	Bangalore University Soft Ball Men Tournament	Sims	11	30&31 Aug. 2014
2	Bangalore	Sims	7	30&31 Aug.

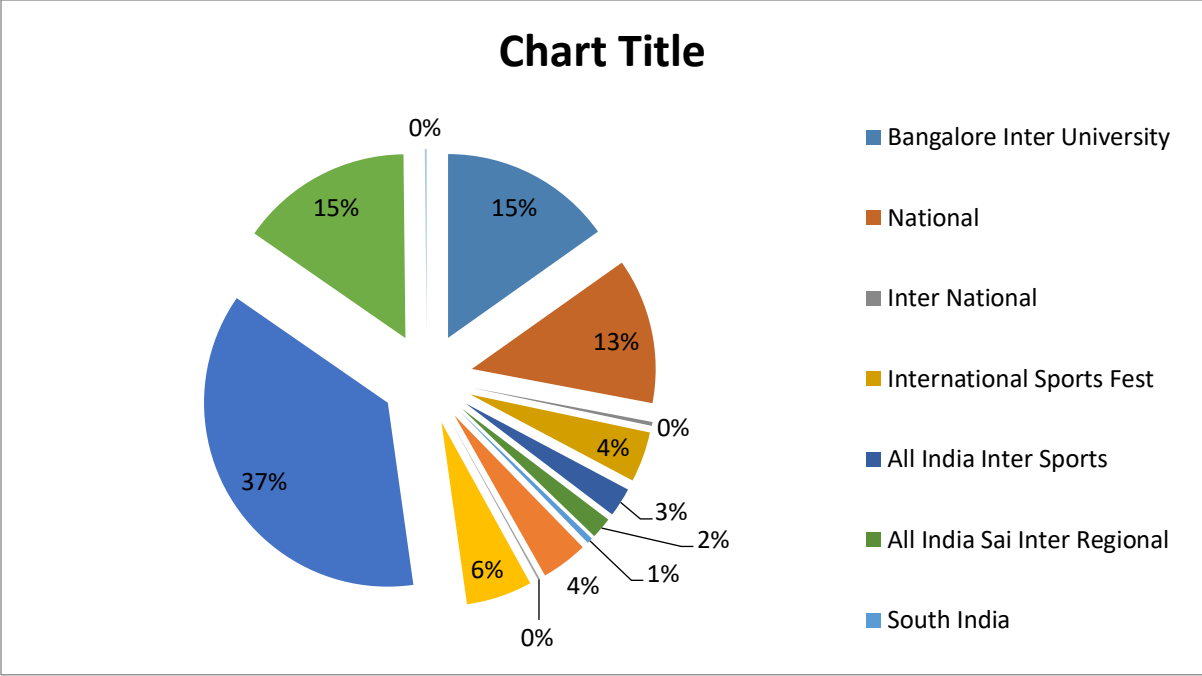
	University Soft Ball Women's Tournament			2014
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### NATIONAL ACHIVEMENT IN YEAR WISE

Tournaments	2014-15	2015-16	2016-17	2017-18	2018-19	2019-2020	2022-23	Total
<b>National</b>	1	14	17	21	20	2		75

### SPORTS STUDENTS PARTICIPATED IN YEAR WISE

Tournaments	2014-15	2015-16	2016-17	2017-18	2018-19	2019-2020	Total
Bangalore Inter University	9	11	6	24	19	20	89
National	1	14	17	21	20	2	75
Inter National			2				2
International Sports Fest				26			26
All India Inter Zone Sports			14	1			15
All India Sai Inter Regional		4	4	3			11
South India		1		2			3
Inter University Open				24			24
Southern Side				1			1
State /Dasara		1	11	12	5	5	34
B U Inter Collegiate		50	39	34	81	12	216
Open Inter Collegiate Tournament		32	14	9	1	33	89
50000 Cash Prize		1					1
<b>Total</b>	<b>10</b>	<b>114</b>	<b>107</b>	<b>157</b>	<b>126</b>	<b>72</b>	<b>586</b>



**Best Practices of the Department:**

1. Commences each week with a prayer session on Mondays, fostering a positive and focused atmosphere among students and staff.
2. Celebrates National Sports Day on 29th August, recognizing the significance of sports in the country, and honors outstanding athletes with the prestigious 'Major Dhyhan Chand Award'.
3. Provides fitness facilities to both sportsmen and staff, prioritizing their physical well-being. Additionally, offers a financial grant of 1750 rupees to students for their fitness maintenance.
4. Supports SAI (Sports Authority of India) students by providing them with sports kits and daily meals at no cost, ensuring their essential needs are met.
5. Offers a swimming pool facility for both students and staff, promoting aquatic activities and providing opportunities for fitness and recreation.
6. Extends fee concessions to sports students during the admission process, acknowledging their athletic abilities and encouraging their pursuit of education alongside sports.
7. Provides free van transportation services for the students residing in the Sports Authority of India hostel, facilitating their travel to and from the college campus.

By implementing these best practices, the department ensures a nurturing and supportive environment for students, emphasizing their physical and mental well-being, and promoting a culture of sportsmanship and inclusivity.

All games rules

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Photos

100 meters

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cross country 2022

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cross country 2023

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hockey south zone 2021

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all photos

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