

## Dr. HARISH P.M.

Ph.D., M.P. Ed., M, A., P.G.D. S.M., P.G.D. Yoga.

Experience: 14 years

S.N.	Academic Acknowledgment	Harish P.M
1.	Award	Ph.D. First rank in M. P.Ed. Fifth rank in B. P. Ed.
2.	Books	03
3.	BOS & BOE Member	01
4.	Paper presented & Attended in National Seminar	10
5.	Paper Presented & attended International Seminar	08
6.	Paper Presented in Journal	03
7.	Resource Person	01
8.	Membership	11
9.	Organizer	11
10.	Manager and Coach / Official	11
11.	Co-Curricular Activities	09
12.	Specialization	09 Games

### ACADEMIC QUALIFICATION:

Ph.D. Topic	“Selected Anthropometric Measurements, Motor Fitness and Physiological Variables as Predictors of Basket Ball Playing Ability”	KUVEMPU UNIVERSITY	Registration Number 698 Date of Registration 07/03/2011 Date of award Notification 01/03/2016 Date of Convocation 24/03/2016
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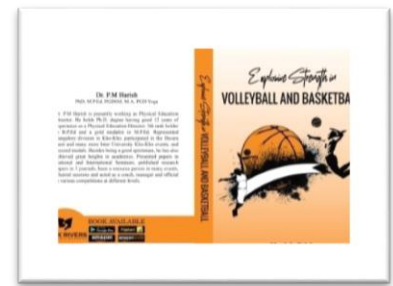
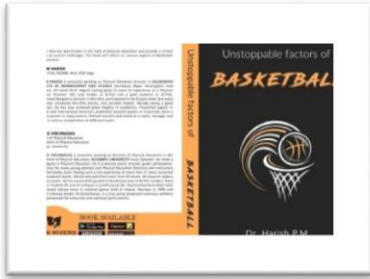
Degree	Subjects	Board / University	Year
M P Ed	PHYSICAL EDUCATION	KuvempuUniversity	2009
P G D SM	SPORTS MANAGEMENT	KuvempuUniversity	2008
P G D Yoga	YOGA	KuvempuUniversity	2008
B P Ed	PHYSICAL EDUCATION	Tumkur University	2006
B A	H,E,S.	BangaloreUniversity	2005
C P Ed	PHYSICAL EDUCATION	KSEEB	2001

### As a Author

Book Titles

1. Unstoppable Factors of Basketball –ISBN :978-93-5515-015-8
2. Socio Economic Status of Team Game Players
3. Explosive Strength in Volleyball and Basketball- ISBN :978-93-5515-642-6





## SPECIALIZATION GAMES

Badminton, Basketball, Handball, Hockey, Kabaddi, Kho-Kho, Table Tennis, Softball and Volleyball

## ADDITIONAL QUALIFICATION:

- Secured Diploma in **Computer Applications Examination** during 2004.
- Secured **First Aid Nature Care** Examination during 1996.
- Secured **Karnataka History Academy** Examination during 2000.
- Secured **Vachana Kammata** Examination during 2000-01.

## ACADEMIC ACHIEVEMENTS:

- Awarded **Best Student** in degree.
- Participated in Bangalore division level **Kho-Kho** Tournament held at Bangalore in the year 29<sup>th</sup> and 30<sup>th</sup> September 2000.
- Participated in Dasara meet in the year 2003-2004 and 2005-2006
- Participated in district level Inter Collegiate **Chess** Tournament organized by Young Men's Christian Association in the year 20<sup>th</sup> and 21<sup>st</sup> February 2004.
- Secured Winners in Inter Collegiate **Kho-Kho** Tournaments organized by Bangalore University during 2003-2004 and 2005-2006.
- Secured Winners in State Level Inter Physical Education Colleges **Kho-Kho** Tournaments held at Kuvempu University in the year 2005-2006 and 2006-2007.
- Secured Winners in Inter Departmental Annual Sports Activities **Cricket** conducted by Kuvempu University in the year 2007-2008.
- Secured Winners in Inter Collegiate **Kho-Kho** Tournaments at Challakere in the year 2007-2008 and 2008-2009.
- Secured Runners in Inter Collegiate **Softball** Tournament and held at Malladihally in the year 2007-2008 and 2008-2009.
- Participated in state open Yogasana championship 2010.

- Participated in first International yoga championship 2015.

## **CO-CURRICULAR ACTIVITIES:**

- Attended a week long *23<sup>rd</sup> State Level Jamboree* organized by Bharath Scouts and Guide, Karnataka held at Tumkur from 04<sup>th</sup> to 10<sup>th</sup> January, 1997.
- Attended the *State Level Rally on Troop Leader* organized by Bharath Sevadala, Bangalore held at Belagavi from 28<sup>th</sup> to 30<sup>th</sup> December, 2003.
- Awarded “A” Grade in the *Fifth District Compare camp* held at Doddaballapur, Bangalore District from 26<sup>th</sup> to 30<sup>th</sup> December, 2006.
- Attended the *Scout Master Basic Training* organized by Bharath Scouts and Guide, Karnataka from 03<sup>rd</sup> to 09<sup>th</sup> October, 2006.
- Attended the *Bharath Sevadala* training camp held at Bangalore on 21<sup>st</sup> October, 2002 to 19 November, 2002.
- Attended the *Bharath Scouts and Guides Golden Jubilee* held at Gubbi, from 28<sup>th</sup> to 30<sup>th</sup> March, 2000.
- Attended the *Scout Master Advanced Training organized* by Bharath Scouts and Guide, Karnataka held at Doddaballapur from 03 to 04 October, 2009.
- Attended the *Contrary Rally* of organized by Bharath Scouts and Guides held at Vijaya Nagara, Bengaluru during 2008-2009.
- Third Rank in the *State Level Science Talent Examination* and secured during 1994-1995.

## **SEMINAR/CONFERENCE/WORKSHOPS/SYMPOSIUM ATTENDED**

### **International:**

1. Attended three days International Conference on “PHYSICAL EDUCATION AND SPORTS SCIENCES” organized by Kasturba Medical College, Manipal 28<sup>th</sup> to 30<sup>th</sup> April, 2006.
2. Presented a paper on “A STUDY ON PHYSICAL FITNESS OF PRE-UNIVERSITY STUDENTS” as Three days Asian Conference on Physical Education and Computer Science in Sports–2009-10 organized by International Association of Computer Science in Sports in association with Indian Federation of Computer Sciences in Sports held at Prof. G. Ram Reddy Centre for Distance Education, Osmania University, Hyderabad, A.P., India from 07<sup>th</sup>

to 09<sup>th</sup>May, 2010.

3. Participated as a **Delegate in the international conference** held at Saint Mary's Syrian College Brahmavar-576213, on 29<sup>th</sup> and 30<sup>th</sup> January, 2010.
4. Presented a paper on "MOTIVATION AMONG KABADDI AND KHO-KHO MEN PLAYERS" in the International Conference on "Physical Activities & Sports for Global Peace and Development" Organized by Department of Physical Education & Sports Sciences and Indira GANDHI Institute of Physical Education & Sports Sciences held at University of Delhi-110007, on 19<sup>th</sup> to 21<sup>st</sup> October, 2011.
5. Published a Research Paper Titled "ROLE OF MOTOR FITNESS IN BASKET BALL PLAYERS PERFORMANCE" in Volume –IV Issue –X on April 2015 International Journal Golden Research Thoughts.
6. Awarded excellence in reviewing of an outstanding contribution to the quality of the journal, a research paper titled "RELATIONSHIP OF ANTHROPOMETRIC VARIABLES WITH BASKETBALL PLAYING ABILITY"
7. Presented paper topic entitled "COMPARISON OF ANTHROPOMETRIC MEASUREMENT BETWEEN BASKETBALL AND NETBALL PLAYERS" at the International Conference on Physical Education and Sports Science held on 6<sup>th</sup> and 7<sup>th</sup> January, 2015, at Rajasthan.
8. Attended the international workshop on yoga and wellness organized by the Department of physical education, JECRC University, Jaipur on 6<sup>th</sup> and 7<sup>th</sup> January, 2015.

### **National:**

1. Participated two days UGC Sponsored National Seminar and Workshop on "PHYSICAL EDUCATION, SPORTS AND THE COLLEGE CURRICULUM" held at Vijaya College, Mulki on 21<sup>st</sup> and 22<sup>nd</sup> November, 2008.
2. Presented a paper at the XIII National Conference on "PHYSICAL EDUCATION AND SPORTS" organized by the University College of Physical Education, Bangalore University on 4<sup>th</sup> to 6<sup>th</sup> April, 2009.
3. Presented paper on "SPORTS, EXERCISE AND HEALTH IN TUMKUR" in UGC-SAP Sponsored Two days National Seminar on "EMERGENCE OF EXCELLENCE IN INDIGENOUS SPORTS-THE NEED OF THE DAY" organized by Department of Physical Education held at Gulbarga University, Gulbarga on 30<sup>th</sup> and 31<sup>st</sup> March, 2010.

4. Presented paper on “ANXIETY & MOTIVATION AMONG PHYSICAL EDUCATION TRAINEES” in UGC-SAP Sponsored Two-day National Seminar organized by Department of Collegiate Education & G F G C Krishnaraja puram, Bangalore on 18<sup>th</sup> and 19<sup>th</sup> March, 2011.
5. Presented paper entitled “INFLUENCE OF SELECTED ANTHROPOMETRIC MEASUREMENT ON POWER OF VOLLEYBALL MEN PLAYERS” in National Seminar organized by Department of PG Studies and Research in Physical Education, Kuvempu University on 06<sup>th</sup> and 07<sup>th</sup> January, 2012.
6. Presented paper on “A STUDY ON MOTOR FITNESS OF RURAL AND URBAN HIGH SCHOOL BOYS” in National Seminar organized by Government First Grade College Kuvempu Nagar, Mysore on 23<sup>rd</sup> and 24<sup>th</sup> August, 2013.
7. Presented paper on “COMPARISON OF ANXIETY AND SELF CONCEPT BETWEEN HAND BALL AND VOLLEYBALL PLAYERS” in National Seminar organized by Department of Physical Education Sri Padmavathi Mahila Visvavidyalayam Tirupati, Chittoor Dist., A.P. on 19<sup>th</sup> and 20<sup>th</sup> March, 2014.
8. Participated in the National Workshop of “PHYSICAL EDUCATION YOGA & SPORTS MANAGEMENT -2015” held at Osmania University, Hyderabad, Telangana, India on 27<sup>th</sup>& 28<sup>th</sup> December, 2015.
9. Presented paper on entitled “THE CONSEQUENCES OF SPORTS UPON THE PHYSICAL HEALTH OF PEOPLE” in National Seminar organized by Seshadripuram College on 23<sup>rd</sup> September, 2016.
10. Presented a paper on “EVALUATION OF PHYSICAL FITNESS LEVELS OF VOLLEYBALL PLAYERS” in National Conference organized by University College of Science on 13<sup>th</sup> April, 2017.

**State:**

1. Participated One Day State Level Workshop on “HEALTH FITNESS AND DRUG EDUCATION” held at S J M College of Arts & Commerce Tarikere on 20<sup>th</sup> March, 2008.
2. Participated UGC Sponsored One day State Level Symposium on “*LESSONS FROM THE LONDON OLYMPICS – 2012*” organized Department of Physical Education, Sri Jagadguru Renukacharya College of Science Arts and Commerce, Bengaluru on 17<sup>th</sup> October, 2014.

**Interuniversity:**

1. Participated as a Member in the Inter University Workshop on “YOGA,

WEIGHT LIFTING JUDO AND WRESTLING” Organized by the Department of Physical Education & Sports, Tumkur University, Tumkur, on 31<sup>st</sup> March, 2015.

#### **BOS/BOE MEMBER**

- Board of Studies (UG) for a period of three years starting from academic year 2021-22 at Surana College, South End Bangalore

#### **Khelo India University Games**

- University Contingent Manager (UCM) in the Khelo India University Game during the year 2021-22

#### **MEMBER OF SELECTION TRIALS:**

1. Member of Selection Trials Bangalore University **Softball, Kho-Kho, Netball, Baseball, Tug of War, Badminton & Athletic Team** from 2013-2014 to 2022-23 academic years.

#### **ORGANIZER:**

1. Organizing Secretary of National Conference on “**Interdisciplinary Approach in Physical Education and Sports**” 2015
2. Organizing Member of National Conference on “**Human Resource Management The Emerging Trends**”
3. Organizing Secretary of Bangalore University **Softball** Tournament during 2014-15
4. Organizing Secretary of Bangalore University **Netball** Tournament during 2014-15
5. Organizing Secretary of Bangalore University **Kabaddi** Tournament during 2015
6. Organizing Secretary of Bangalore University **Men Volley Ball** Tournament during 2016
7. Organizing Secretary of Bangalore University **Women Volley Ball** Tournament during 2017
8. Organizing Secretary of Bangalore University **Men Volley Ball** Tournament during 2018
9. Organizing Secretary of Bangalore University **Men and Women chess** Tournament during 2018
10. Organizing Secretary of Bangalore University **Men and Women Tug of War** Tournament during 2018
11. Organizing Secretary of Bangalore University **Men's Best Physique Competition** Tournament during 2019
12. Organizing Secretary of Bangalore University **Swimming** Tournament during 2021
13. Organizing Secretary of Bangalore University **Cross country running** Tournament during 2021
14. Organizing Secretary of Bangalore University **Cross country running** Tournament during 2022
15. Organizing Secretary of Bangalore University **Taekwondo** Tournament during 2022.
16. Organizing Secretary of Bangalore University **Taekwondo** Tournament during 2023.
17. Organizing Secretary of All India Netball Men Championship during 2021-22

#### **MANAGER AND COACH / OFFICIAL:**

1. Coach of 2<sup>nd</sup> Senior League **Tchouk Ball** Championship for men and women 2015
2. Official of Kuvempu University **Softball** Tournament during 2014
3. Official of Kuvempu University **Softball** Tournament during 2015
4. Organizing Secretary of Bangalore University **Women Volley Ball** Tournament during 2017
5. Manager and Coach of Inter University Bangalore University **Base Ball** Men and women team 2017

6. Manager and Coach of Inter University Bangalore University **Soft Ball** Men team 2017
7. Manager and Coach of Inter University Bangalore University **Table Tennis** Men team 2017
8. Manager and Coach of Inter University Bangalore University **Base Ball** Men team 2018
9. Manager and Coach of Inter University Bangalore University **Soft Ball** Women team 2018
10. Manager and Coach of Inter University Bangalore University **Soft Ball** Men team 2019
11. Manager and Coach of Inter University Bangalore University **Kho -Kho** Men team 2019
12. Technical Committee Member Bangalore University **Athletic** Championship 2019
13. Manager and Coach of Inter University Bangalore University **Kho -Kho** Men team 2021
14. Manager and Coach of Inter University Bangalore University **Swimming** Men team 2021
15. Technical Committee Member Bangalore University **Athletic** Championship 2021
16. Manager and Coach of Inter University Bangalore University **Athletic** Men team 2021
17. Technical Committee Coordinator to conduct south zone inter university hockey (Men) Championship 2021
18. Manager and Coach of Inter University Bangalore University **Athletic** Men team 2022